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Self Healing With Debbie Nicholson

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Debbie Nicholson

Skype Group : Self Healing With Debbie Nicholson

P O Box 54030, Mana, Porirua, New Zealand

What is Tinnitus?



For a start I know it is very uncomfortable as my son-in-law suffers badly from this problem and often he wants to just throw himself off the roof of their 1st floor apartment in desperation because it drives him to the edge.

It is defined as a constant noise or ringing in the ears. Or maybe you suffer it inside your head?? Like he does. It's quite a common problem with 1 in 5 people being affected so you are not on your own despite the fact that you think you are.

Maybe age might have something to do with having the condition although he is a young man not yet in his 50's therefore defining tinnitus as an age-related condition is not necessarily so. Maybe you have had a past ear injury that may have forgotten? Maybe there is a disorder in your circulatory system that you are not aware is happening. Loud noise does have a damaging effect on the very tiny inner cells of your ears, which result in this monotonous ringing which verifies the noise-induced theory. Loud music, the operation of noise machines in the workplace whether by yourself or just around you – even hair dryers are known to be the cause of tinnitus.

I just know it is not fun to suffer the condition no matter what the cause be it brought on by yourself or by the work atmosphere that you attend day in and day out.

There is relief that can be sought by using our product Tinnitus Control.

[Click here for access to Tinnitus Control](#)

There is also a chance that by reprogramming your inner consciousness to restore your body to its original health could also be advantageous. For that you would need the benefits of Thriving Audios which is a relatively new product that is being heralded by many as a great breakthrough for diminishing and even ridding oneself in some cases of plaguing health problems.

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