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LIFE HAPPENS



**FUNNY EMAILS and FACEBOOK
MESSAGES**

VOLUME 2

Life Happens

Volume 2

**A Collection Of Funny And Instructional Emails,
Facebook Messages, And Old Faxes Dating From The
1980s To 2012**

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Table of Contents

Preface	5
Chapter One: New Drinking Warning Just Released	8
Chapter Three: What A Coincidence	14
Chapter Four: The Psychiatrist And The Proctologist	17
Chapter Five: Facebook Odds & Ends	22
Chapter Six: Steve Ballmer	30
Chapter Seven: Do You Have The Flu Or Just A Cold?	33
Chapter Eight: The Rainbow Tree	36
Chapter Nine: Four Things You Probably Never Knew Your Mobile Phone Could Do	38
Chapter Ten: Slow Dance	42
Chapter Eleven: Questions That Haunt Us!	54
Chapter Twelve: Departed Souls.....	60
Chapter Thirteen: More Odds & Ends From Facebook.....	75
Chapter Fourteen: Lotus Touts	81
Do not keep this message.....	84

Chapter Fifteen: Don't Take Life So Seriously!.....	85
Chapter Sixteen: Honey And Cinnamon.....	91
Chapter Seventeen: Twelve Women Who Have Touched My Life.....	99
Chapter Eighteen: Please Sign This	101
Chapter Nineteen: Friendship Week.....	115
Chapter Twenty: Darn Good Idea	119
Chapter Twenty-One: Words	123
Chapter Twenty-Two: Do Not Lie Down	130
Chapter Twenty-Three: Are Non-Living objects Male Or Female?	133
Chapter Twenty-Five: There Is An Alternative Way.....	145
Other Books Written by Debbie Nicholson.....	153

Preface

Hi from me here in Paekakariki, New Zealand again. Once again I have completed another Volume in my current series of Life Happens.

These particular emails, Facebook messages and old faxes are a little more serious in nature. Not all of them, of course, because I believe my books should contain as much humour as I can find to keep us all laughing (and the tears rolling down my husband Keith's cheeks!!)

However, in this particular volume you will find some instructional types of material – very helpful for those suffering cancer, or perhaps worrying as to how would you know if you were having a heart attack or not? I have included some health emails this time as well – full of what we should or should not eat to avoid the big C in our lives. And let's face it, as we age (like myself) that problem becomes a major event in the lives of many of our friends – and hopefully not us.

I don't know if you have noticed that as we age, we seem to be attending those last ceremonies for those favourites in our lives more often than we did when we were younger. It is going to happen to all of us, so we cannot be in denial about the big D in our lives either. Did you know that from the moment we are born we are preparing for our death? None of us knows when our turn will come up on the page. So long as we live good, as healthy as possible, lives with tons of laughter and fun and dancing in the middle and packed with adventure, then we can at least know we had a good innings when our number comes up.

Knowledge is what we each need to be accumulating. And when you start collecting my books, you will add to your knowledge greatly by soaking in the words of wisdom passed around the world by someone who cares about you.

I am very grateful to friends and acquaintances, and of course my old Farmville friends, (I used to be an addict not that long ago) some of whom have actually passed on now. May God Bless them for their thoughtfulness to me their friend who still remains. Perhaps it is my mission in life to publish these messages of love and concern – what's your mission in life?



Me a few years back in Los Angeles, with a snake wrapped around my neck like a scarf.

Debbie Nicholson



Our Home, Garden and Storage Tents (I wouldn't recommend buying that particular design though as they leak like a sieve.)

Paekakariki Holiday Camp

11 March 2012

Chapter One: New Drinking Warning Just Released

Not sure if this is a joke or a warning

New Drinking Warning Just Released.

Vodka and Ice will ruin you Kidneys

Rum and Ice will ruin your Liver

Whiskey and Ice will ruin your Heart

Gin and Ice will ruin your Brain

Pepsi/Coke and Ice will ruin your Teeth

There you have it !!!!!

Ice is Lethal. Warn your friends:

Lay off the Ice - just drink it straight!!!!

Forward this immediately.....You could save a life!!!

Don't forget what it did to the Titanic

Chapter Two: Onions & Christmas Trees

Don't Talk At Meal Times

A family is at the dinner table.

The son asks his father

'Dad how many kinds of boobs are there?

The father surprised answers

'Well son there are three kinds of boobs:

In her 20s a woman's are like melons round and firm.

In her 30s to 40s they are like pears still nice but hanging a bit.

After 50 they are like onions'.

'Onions?'

'Yes you see them and they make you cry.'

This infuriated his wife and daughter so the daughter said

'Mum how many kinds of 'willies' are there?'

The mother surprised smiles and answers

'Well dear a man goes through three phases.

In his 20's his willy is like an oak tree mighty and hard.

In his 30's and 40's it is like a birch flexible but reliable.

After his 50's it is like a Christmas tree.'

'A Christmas tree?'

'Yes - the tree is dead and the balls are just for decoration.'



ANGER is but one letter short of **DANGER**

**A CLEAN HOUSE
IS A SIGN
OF A BROKEN
COMPUTER**

Chapter Three: What A Coincidence

Merely Coincidental.

A chicken farmer went to a local bar, sat next to a woman and ordered a glass of champagne.

The woman perks up and says,

"How about that? I just ordered a glass of champagne too!"

"What a coincidence," the farmer says. "This is a special day for me. I am celebrating".

"This is a special day for me too. I am celebrating!" says the woman.

"What a coincidence!" says the farmer. As they clinked glasses the man asked, "What are you celebrating?" "

My husband and I have been trying to have a child and today my gynaecologist told me that I am pregnant!"

"What a coincidence" says the man. "I'm a chicken farmer and for years all of my hens were infertile but today they are all laying fertilized eggs".

"That's great!" says the woman. "How did your chickens become fertile?"

"I used a different cock," he replied.

The woman smiled and said, "What a coincidence." ~V.B



IF SOMEONE WANTS TO BE A PART OF YOUR LIFE, THEY'LL MAKE AN EFFORT TO BE IN IT. SO DON'T BOTHER RESERVING A SPACE IN YOUR HEART FOR SOMEONE WHO DOESN'T MAKE AN EFFORT TO STAY.

<http://superpolita.tumblr.com>

Chapter Four: The Psychiatrist And The Proctologist

Creating A Profile

Best friends graduated from medical school at the same time and decided that in spite of two different specialties they would open a practice together to share office space and personnel.

Dr. Smith was the psychiatrist and Dr. Jones was the proctologist;

they put up a sign reading:

"Dr. Smith and Dr. Jones:

Hysterias and Posteriors."

The town council was livid and insisted they change it. So the docs changed it to read:

"Schizoids and Haemorrhoids."

This was also not acceptable so they again changed the sign.

"Catatonics and High Colonics."

- No go. Thumbs down.

Next they tried

"Manic Depressives and Anal Retentives."

- Thumbs down again.

Then came

"Minds and Behinds."

- Still no good.

Another attempt resulted in

"Lost Souls and Butt Holes."

- Unacceptable again!

So they tried

"Analysis and Anal Cysts."

- Not a chance.

"Nuts and Butts."

- No way.

"Freaks and Cheeks."

- Still no good.

"Loons and Moons."

- Forget it.

Almost at their wit's end the docs finally came up with:

**"Dr. Smith and Dr. Jones –
Specializing in Odds and Ends."**

Everyone loved it.



Chapter Five: Facebook Odds & Ends

Cousins

are often the first friends of your life. Cousins share your childhood memories. No one will ever understand your crazy family like your cousins even if you're not in regular contact.

Re-post this if you have some of the best cousins in the world even if you don't see each other often.

* * * * *

A little known fact...

The first testicular guard was used in cricket in 1874
and the first helmet was used in 1974.

It took 100 years for men to realise that their brains could also be important ...

* * * * *

WELCOME TO FACEBOOK... The place where people add you as a friend & walk past you in the street. Where relationships are perfect affairs are started & liars believe they are telling the truth. Your enemies visit your profile the most yet your friends & family block you & even though you write what you are really thinking someone always takes it the wrong way & people think your status is about them...

* * * * *

This HAS to be the winning Letter of the year!

Dear Mother-in-Law

Please don't try to tell me how to raise my kids.

I'm married to one of yours and believe me there's room for improvement!

Sincerely

Your Daughter-in-Law

* * * * *

Fun: If you can read this you have a strong mind:

7H15 M3554G3 53RV35 7O PR0V3 H0W 0UR M1ND5 C4N
D0 4M4Z1NG 7H1NG5! 1MPR3551V3 7H1NG5! 1N 7H3
B3G1NN1NG 17 WA5 H4RD BU7 N0W 0N 7H15 LIN3
Y0UR M1ND 1S R34D1NG 17 4U70M471C4LLY W17H0U7
3V3N 7H1NK1NG 4B0U7 17 B3 PROUD! 0NLY
C34R741N P30PL3 C4N R3AD 7H15. R3 P057 1F U C4N
R35D 7H15

* * * * *

I'm not perfect and I make mistakes but I have a heart of gold and my intentions are pure stick with me and the world is yours...

* * * * *

All women are born angels and when someone breaks our wings we simply continue to fly on a broomstick! Be Warned! We are flexible like that.

* * * * *

5 PEARLS OF WISDOM TO REMEMBER.

1. Money cannot buy happiness but it's more comfortable to cry in a Mercedes than it is on a bicycle.
2. Forgive your enemy but remember the bitch's name...
3. Help a man when he is in trouble and he will remember you when he is in trouble again.
4. Many people are alive only because it's illegal to shoot them.
5. Alcohol does not solve any problem but then neither does milk!

* * * * *

Enlightenment from a grandson:

Lose your pen = you lose your pen

No pen = no notes

No notes = no study

no study = fail

fail = no diploma

Mothers' reply:

Wood b even better if you had gone to school to use the pen son LOL

* * * * *

God has no phone but I talk to Him. He has no Facebook but He is my friend. He does not have twitter but I still follow Him. And even without Internet I'm still in contact with Him. Paste this on your wall if U think God is Great & U are not ashamed

* * * * *

What my Mum taught me:

Religion - "You better pray that comes out of the carpet"

Logic - "Because I said so that's why"

Irony - "Keep crying and I'll give you something to cry about"

Wisdom - "When you get to my age you'll understand"

Justice - "One day you'll have kids. I hope they turn out just like you!!"

Repost if your mum taught you right.....

* * * * *

Spirits are easy to break but not impossible to repair.

* * * * *

PRAY for children trapped in prostitution.

PRAY for families going through divorce.

PRAY for everyone who needs a job.

PRAY for those who don't know Christ.

* * * * *

Keep this going ... Heavenly Father walk through my house and take away all my worries and any illnesses depression and sadness and please watch over and heal my family and friends. Bring quiet where there is chaos, bring light where there is darkness and put love in our hearts. In Jesus' name. Amen. This prayer is so powerful...

* * * * *

We sat beside your bedside. Our hearts were crushed and sore; We did our best to the end 'Til we could do no more. In tears we watched you sinking. We watched you fade away; And though our hearts were breaking We knew you could not stay. You left behind some aching hearts

That loved you most sincere; We never shall and never
will Forget you Mother dear.

* * * * *

God doesn't have a Blackberry or an iPhone but He is my
favourite contact. He doesn't have Facebook but He is my
best friend. He doesn't have Twitter but I follow Him and
He doesn't have internet but I am connected to Him. And
even if He has a great communication service his
customer service never puts me on hold. Copy and paste
this as your status if you think God is GREAT!!!!

* * * * *

Only God can turn
a **MESS** into a
message, a **TEST** into a
testimony, a **TRIAL** into
a triumph, a **VICTIM**
into a victory.



Chapter Six: Steve Ballmer

Quitters Never Win

I wonder how many of you know a gentleman by the name of Steve Ballmer. He is the current CEO of Microsoft and a former college roommate of Bill Gates.

Bill Gates recruited Steve Ballmer out of business school to become a business manager at Microsoft. After one month at Microsoft Ballmer was overwhelmed, intimidated and found the company to be in general disarray. So he did what most other people would do...HE QUIT MICROSOFT.

That is why most people are living paycheck to paycheck.

Today Steve Ballmer is worth 11 billion dollars. He is 11 000 times a millionaire!!! Is he a multi-billionaire today because he quit Microsoft?

HECK NO!!!

Quitters never win. Luckily for Mr. Ballmer, Bill Gates believed in him more than he believed in himself at that time. He had a vision for Microsoft. He sat Steve Ballmer down and told him he saw in the future a computer in every home. Steve Ballmer bought into Bill Gates' vision and today he is worth \$11billion dollars.

Don't you dare quit. What if Ballmer had yielded to his weak thoughts?

Don't quit and leave a fortune to another. Steve Ballmer is worth \$11 billion today because someone believed in him and he didn't quit. If he would have quit it would have been the same result except someone else would have the \$11 billion.

**Quitters never win and winners refuse to
quit!!!**

Chapter Seven: Do You Have The Flu Or Just A Cold?

Pandemic Planning

HOW DOES FLU DIFFER FROM A COLD?

SYMPTOM or SIGN	INFLUENZA	COMMON COLD
Fever	Usual sudden onset 38oC-40oC and lasts 3-4 days	Rare
Headache	Usual and can be severe	Rare
Aches and pains	Usual and can be severe	Rare
Fatigue and weakness	Usual and can last 2-3 weeks or more after the acute illness	Sometimes but mild
Debilitating fatigue	Usual early onset can be severe	Rare
Nausea vomiting diarrhoea	In children less than 5 years old	Rare
Watering of the eyes	Rare	Usual
Runny stuffy nose	Rare	Usual
Sneezing	Rare in early stages	Usual
Chest discomfort	Usual and can be severe	Sometimes but mild to moderate

Post this chart around your workplace to help staff identify whether the symptoms they are experiencing are signs of a cold or the flu.

Source: Department of Labour

Chapter Eight: The Rainbow Tree

Lessons In Life

As we grow up we learn that even the one person that wasn't supposed to ever let you down probably will. You will have your heart broken probably more than once and it's harder every time. You'll break hearts too, so remember how it felt when yours was broken. You'll fight with your best friend. You'll blame a new love for things an old one did. You'll cry because time is passing too fast and you'll eventually lose someone you love. So take too many pictures, laugh too much and love like you've never been hurt because every sixty seconds you spend upset is a minute of happiness you'll never get back. Don't be afraid that your life will end, be afraid that it will never begin.

Send this to all of your friends in the next 5 minutes and a miracle will happen tonight



Chapter Nine: Four Things You Probably Never Knew Your Mobile Phone Could Do

This is the kind of information people won't mind receiving - please pass it on:

**FOUR THINGS YOU PROBABLY NEVER KNEW YOUR
MOBILE PHONE COULD DO :**

There are a few things that can be done in times of grave emergencies. Your mobile phone can actually be a life saver or an emergency tool for survival. Check out the things that you can do with it:

FIRST

Emergency

The Emergency Number worldwide for Mobile is 112. If you find yourself out of the coverage area of your mobile network and there is an emergency dial 112 and the mobile will search any existing network to establish the emergency number for you and interestingly this number 112 can be dialled even if the keypad is locked.

SECOND

Have you locked your keys in the car?

Does your car have remote keyless entry? This may come in handy someday. Good reason to own a cell phone:

If you lock your keys in the car and the spare keys are at home call someone at home on their mobile phone from your cell phone.

Hold your cell phone about a foot from your car door and

have the person at your home press the unlock button holding it near the mobile phone on their end. Your car will unlock. Saves someone from having to drive your keys to you. Distance is no object. You could be hundreds of miles away and if you can reach someone who has the other 'remote' for your car you can unlock the doors (or the trunk).

Editor's Note: It works fine! We tried it out and it unlocked our car over a mobile phone!

THIRD

Hidden Battery Power

Imagine your mobile battery is very low. To activate press the keys *3370# Your mobile will restart with this reserve and the instrument will show a 50% increase in battery. This reserve will get charged when you charge your mobile next time.

FOURTH

How to disable a STOLEN mobile phone?

To check your Mobile phone's serial number key in the following digits on your phone: * # 0 6 #

A 15 digit code will appear on the screen. This number is unique to your handset. Write it down and keep it somewhere safe. When your phone gets stolen you can phone your service provider and give them this code. They will then be able to block your handset so even if the thief changes the SIM card your phone will be totally useless.

You probably won't get your phone back but at least you know that whoever stole it can't use/sell it either. If everybody does this there would be no point in people stealing mobile phones.

Also -ATM PIN Number Reversal - Good to Know

If you should ever be forced by a robber to withdraw money from an ATM machine you can notify the police by entering your PIN # in reverse. For example: if your pin number is 1234 then you would put in 4321. The ATM system recognizes that your PIN number is backwards from the ATM card you placed in the machine. The machine will still give you the money you requested but unknown to the robber, the police will be immediately dispatched to the location.

**This information was recently broadcast on CTV by Crime Stoppers however it is seldom used because people just don't know about it.
Please pass this along to everyone.**

Chapter Ten: Slow Dance

This
is a poem
written by a teenager with cancer.

She wants to
see how many
people get her poem.

It is quite the poem
Please pass it
on.

This
poem was written by a terminally ill young girl in a
New York Hospital.

It was sent
by

a medical doctor -

Make sure to read what is in the closing statement

AFTER THE

POEM.

SLOW DANCE

Have you ever

watched

kids

On a merry-go-round?

Or listened to

the

rain

Slapping on the ground?

Ever followed a
butterfly's erratic flight?

Or gazed at the sun into the
fading
night?

You better slow down.

Don't
dance so
fast.

Time is short.

The music
won't

last.

Do you run through each day

On

the

fly?

When you ask How are you?

Do you hear

the

reply?

When the day is done

Do you lie

in your

bed

With the next hundred chores

Running through
your head?

You'd better
slow down

Don't dance so
fast.

Time is
short.

The music won't
last.

Ever told your
child

We'll do it
tomorrow?

And in your
haste

Not see
his

sorrow?

Ever lost
touch

Let a good
friendship die

Cause you
never had time

To call
and say 'Hi'

You'd
better slow down.

Don't dance
so fast.

Time
is short.

The music won't
last.

When you run
so fast to get somewhere

You
miss half the fun of getting
there.

When you worry and hurry
through your
day

It is like an unopened
gift....

Thrown
away.

Life is not a
race.

Do take it
slower

Hear the
music

Before the song is
over.

FORWARDED

E-MAILS ARE TRACKED TO OBTAIN THE TOTAL

COUNT.

Dear All:

PLEASE pass this mail on to everyone you know -
even to those you don't
know! It is the request of a special girl who will soon
leave this world
due to cancer.

This young girl has 6 months left
to live
and as her dying wish she wanted to send a letter telling
everyone to

live their life to the fullest since she never will.

She'll
never make it to prom graduate from high school
or get married and have a

family of her own.

By you sending
this to as many people as
possible you can give her and her family a
little hope because with every name
that this is sent to The American
Cancer Society will donate 3 cents per name
to her treatment and recovery
plan. One guy sent this to 500 people! So I know
that we can at least send
it to 5 or 6. It's
not even your money just
your
time!

PLEASE PASS ON AS A LAST REQUEST. 10461

Chapter Eleven: Questions That Haunt Us!

Questions Questions Questions

If you have sex with a prostitute against her will is it considered rape or shoplifting?

Can you cry under water?

How important does a person have to be before they are considered assassinated instead of just murdered?

Why do you have to 'put your two cents in'... but it's only a 'penny for your thoughts'? Where's that extra penny going to?

Once you're in , do you get stuck wearing the clothes you were buried in for eternity?

Why does a round pizza come in a square box?

What disease did cured ham actually have?

How is it that we put man on the moon before we figured out it would be a good idea to put wheels on luggage?

Why is it that people say they 'slept like a baby' when babies wake up like every two hours?

If a deaf person has to go to court, is it still called a hearing?

Why are you IN a movie but you're ON TV?

Why do people pay to go up tall buildings and then put money in binoculars to look at things on the ground?

Why do doctors leave the room while you change? They're going to see you naked anyway.

Why is 'bra' singular and 'panties' plural?

Why do toasters always have a setting that burns the toast to a horrible crisp which no decent human being would eat?

If Jimmy cracks corn and no one cares why is there a stupid song about him?

If the professor on Gilligan's Island can make a radio out of a coconut why can't he fix a hole in a boat?

Why does Goofy stand erect while Pluto remains on all fours? They're both dogs!

If Wile E. Coyote had enough money to buy all that ACME crap why didn't he just buy dinner?

If corn oil is made from corn and vegetable oil is made from vegetables what is baby oil made from?

If electricity comes from electrons does morality come from morons?

Why do the Alphabet song and Twinkle Twinkle Little

Star have the same tune?

Why did you just try singing the two songs above?

Why do they call it an asteroid when it's outside the hemisphere but call it a haemorrhoid when it's in your butt?

Did you ever notice that when you blow in a dog's face he gets mad at you but when you take him for a car ride he sticks his head out the window?

Why Why Why?

Why do we press harder on a remote control when we know the batteries are getting dead?

Why do banks charge a fee on 'insufficient funds' when they know there is not enough money?

Why does someone believe you when you say there are four billion stars but check when you say the paint is wet?

Why do they use sterilized needles for death by lethal injection?

Why doesn't Tarzan have a beard?

Why does Superman stop bullets with his chest but ducks when you throw a revolver at him?

Why do Kamikaze pilots wear helmets?

Whose idea was it to put an 's' in the word 'lisp'?

If people evolved from apes why are there still apes?

Why is it that no matter what colour bubble bath you use the bubbles are always white?

Is there ever a day that mattresses are not on sale?

Why do people constantly return to the refrigerator with hopes that something new to eat will have materialized?

Why do people keep running over a string a dozen times with their vacuum cleaner then reach down pick it up examine it then put it down to give the vacuum one more chance?

Why is it that no plastic bag will open from the end on your first try?

How do those dead bugs get into those enclosed light fixtures?

When we are in the supermarket and someone rams our ankle with a shopping cart then apologizes for doing so, why do we say, 'It's all right?' Well it isn't all right so why don't we say, 'That really hurt why don't you watch where you're going?'

Why is it that whenever you attempt to catch something that's falling off the table you always manage to knock something else over?

In winter why do we try to keep the house as warm as it was in summer when we complained about the heat?

How come you never hear father-in-law jokes?

And my FAVOURITE.....

The statistics on sanity is that one out of every four persons are suffering from some sort of mental illness. Think of your three best friends - if they're okay, then it's you.

Chapter Twelve: Departed Souls

Facts: All European Life Died In Auschwitz

A worth reading eye-opener...

WHO YET BELIEVES THAT THERE IS NO URGENT
THREAT TO THE FREE WORLD?!

The following is a copy of an article written by Spanish writer Sebastian Vilar Rodriguez and published in a Spanish newspaper on Jan. 15 2008. It doesn't take much imagination to extrapolate the message to the rest of Europe - and possibly to the rest of the world.

REMEMBER AS YOU READ - IT WAS IN A SPANISH
PAPER

* * * * *

ALL EUROPEAN LIFE DIED IN AUSCHWITZ

By Sebastian Vilar Rodriguez

I walked down the street in Barcelona and suddenly discovered a terrible truth - Europe died in Auschwitz We killed six million Jews and replaced them with 20 million Muslims. In Auschwitz we burned a culture thought creativity talent. We destroyed the chosen people, truly chosen because they produced great and wonderful people who changed the world.

The contribution of this people is felt in all areas of life, art, international trade and above all as the conscience of the world. These are the people we burned. And under

the pretence of tolerance and because we wanted to prove to ourselves that we were cured of the disease of racism we opened our gates to 20 million Muslims who brought us stupidity and ignorance religious extremism and lack of tolerance crime and poverty due to an unwillingness to work and support their families with pride.

They have blown up our trains and turned our beautiful Spanish cities into the third world drowning in filth and crime.

Shut up in the apartments they receive free from the government they plan the murder and destruction of their naive hosts.

And thus in our misery we have exchanged culture for fanatical hatred creative skill for destructive skill intelligence for backwardness and superstition.

We have exchanged the pursuit of peace of the Jews of Europe and their talent for a better future for their children their determined clinging to life because life is holy for those who pursue death for people consumed by the desire for death for themselves and others for our children and theirs.

What a terrible mistake was made by miserable Europe.

The Global Islamic population is approximately 1 200 000 000; that is **ONE BILLION TWO HUNDRED MILLION** or 20% of the world's population. They have received the following Nobel Prizes:

Literature:

1988 - Najib Mahfooz

Peace:

1978 - Mohamed Anwar El-Sadat

1990 - Elias James Corey

1994 - Yaser Arafat:

1999 - Ahmed Zewai

Economics:

(zero)

Physics:

(zero)

Medicine:

1960 - Peter Brian Medawar

1998 - Ferid Mourad

TOTAL: 7 SEVEN

The Global Jewish population is approximately 14 000 000; that is **FOURTEEN MILLION** or about 0.02% of the world's population. They have received the following Nobel Prizes:

Literature:

1910 - Paul Heyse

1927 - Henri Bergson

1958 - Boris Pasternak

1966 - Shmuel Yosef Agnon

1966 - Nelly Sachs

1976 - Saul Bellow

1978 - Isaac Bashevis Singer

1981 - Elias Canetti

1987 - Joseph Brodsky

1991 - Nadine Gordimer World

Peace:

1911 - Alfred Fried

1911 - Tobias Michael Carel Asser

1968 - Rene Cassin

1973 - Henry Kissinger

1978 - Menachem Begin

1986 - Elie Wiesel

1994 - Shimon Peres

1994 - Yitzhak Rabin

Physics:

1905 - Adolph Von Baeyer

1906 - Henri Moissan

1907 - Albert Abraham Michelson

1908 - Gabriel Lippmann

1910 - Otto Wallach

1915 - Richard Willstaetter

1918 - Fritz Haber

1921 - Albert Einstein

1922 - Niels Bohr

1925 - James Franck

1925 - Gustav Hertz

1943 - Gustav Stern

1943 - George Charles de Hevesy

1944 - Isidor Issac Rabi

1952 - Felix Bloch

1954 - Max Born

1958 - Igor Tamm

1959 - Emilio Segre

1960 - Donald A. Glaser

1961 - Robert Hofstadter

1961 - Melvin Calvin

1962 - Lev Davidovich Landau

1962 - Max Ferdinand Perutz

1965 - Richard Phillips Feynman

1965 - Julian Schwinger

1969 - Murray Gell-Mann

1971 - Dennis Gabor

1972 - William Howard Stein

1973 - Brian David Josephson

1975 - Benjamin Mottleson

1976 - Burton Richter

1977 - Ilya Prigogine

1978 - Arno Allan Penzias

1978 - Peter L Kapitza

1979 - Stephen Weinberg

1979 - Sheldon Glashow

1979 - Herbert Charles Brown

1980 - Paul Berg

1980 - Walter Gilbert

1981 - Roald Hoffmann

1982 - Aaron Klug

1985 - Albert A. Hauptman

1985 - Jerome Karle

1986 - Dudley R. Herschbach

1988 - Robert Huber

1988 - Leon Lederman

1988 - Melvin Schwartz

1988 - Jack Steinberger

1989 - Sidney Altman

1990 - Jerome Friedman

1992 - Rudolph Marcus

1995 - Martin Perl

2000 - Alan J. Heeger

Economics:

1970 - Paul Anthony Samuelson

1971 - Simon Kuznets

1972 - Kenneth Joseph Arrow

1975 - Leonid Kantorovich

1976 - Milton Friedman

1978 - Herbert A. Simon

1980 - Lawrence Robert Klein

1985 - Franco Modigliani

1987 - Robert M. Solow

1990 - Harry Markowitz

1990 - Merton Miller

1992 - Gary Becker

1993 - Robert Fogel

Medicine:

1908 - Elie Metchnikoff

1908 - Paul Erlich

1914 - Robert Barany

1922 - Otto Meyerhof

1930 - Karl Landsteiner

1931 - Otto Warburg

1936 - Otto Loewi

1944 - Joseph Erlanger

1944 - Herbert Spencer Gasser

1945 - Ernst Boris Chain

1946 - Hermann Joseph Muller

1950 - Tadeus Reichstein

1952 - Selman Abraham Waksman

1953 - Hans Krebs

1953 - Fritz Albert Lipmann

1958 - Joshua Lederberg

1959 - Arthur Kornberg

1964 - Konrad Bloch

1965 - Francois Jacob

1965 - Andre Lwoff

1967 - George Wald

1968 - Marshall W. Nirenberg

1969 - Salvador Luria

1970 - Julius Axelrod

1970 - Sir Bernard Katz

1972 - Gerald Maurice Edelman

1975 - Howard Martin Temin

1976 - Baruch S. Blumberg

1977 - Roselyn Sussman Yalow

1978 - Daniel Nathans

1980 - Baruj Benacerraf

1984 - Cesar Milstein

1985 - Michael Stuart Brown

1985 - Joseph L. Goldstein

1986 - Stanley Cohen & Rita Levi-Montalcini

1988 - Gertrude Elion

1989 - Harold Varmus

1991 - Erwin Neher

1991 - Bert Sakmann

1993 - Richard J. Roberts

1993 - Phillip Sharp

1994 - Alfred Gilman

1995 - Edward B. Lewis

1996- Lu RoseIacovino

TOTAL: 129 ONE HUNDRED TWENTY NINE

The Jews are **NOT** promoting brain washing children in military training camps teaching them how to blow themselves up and cause maximum deaths of Jews and other non- Muslims.

The Jews don't hijack planes nor kill athletes at the Olympics or blow themselves up in German restaurants.

There is **NOT** one single Jew who has destroyed a church.

There is **NOT** a single Jew who protests by killing people.

The Jews don't traffic slaves nor have leaders calling for Jihad and death to all the Infidels.

Perhaps the worlds' Muslims should consider investing more in standard education and less in blaming the Jews for all their problems.

Muslims must ask 'What can they do for humankind' before they demand that humankind respects them.

Regardless of your feelings about the crisis between Israel and the Palestinians & Arab neighbours even if you believe there is more culpability on Israel's part the following two sentences really say it all:

'If the Arabs put down their weapons today there would be no more violence.

If the Jews put down their weapons today there would be no more Israel." - Benjamin Netanyahu

General Eisenhower warned us it is a matter of history that when the Supreme Commander of the Allied Forces General Dwight Eisenhower found the victims of the death camps he ordered all possible photographs to be taken and for the German people from surrounding villages to be ushered through the camps and even made to bury the dead.

He did this because he said in words to this effect:

'Get it all on record now get the films get the witnesses because some-where down the road of history some bastard will get up and say that this never happened.'

Recently the UK debated whether to remove The Holocaust from its school curriculum because it 'offends' the Muslim population which claims it never occurred. It is not removed as yet.

However this is a frightening portent of the fear that is gripping the world and how easily each country is giving into it.

It is now more than 60 years after the Second World War in Europe ended.

This e-mail is being sent as a memorial chain in memory of the six million Jews 20 million Russians 10 million Christians and 1 900 Catholic priests who were 'murdered

raped burned starved beaten experimented on and
humiliated while the German people looked the other way.

Now more than ever with Iran among others
claiming the Holocaust to be 'a myth ' it is imperative to
make sure the world never forgets.

This e-mail is intended to reach 400 million people. Be a
link in the memorial chain and help distribute this around
the world.

How many years will it be before the attack on the World
Trade Center 'NEVER HAPPENED' because it offends
some Muslim in the United States?

Do not just delete this message; it will take only a minute
to pass this along.

Chapter Thirteen: More Odds & Ends From Facebook

Have u ever wondered why A B C D DD E F G and H are the Letters used to define bra sizes? But couldn't figure out what the letters stood for. Well its time you became informed! (A) Almost tits. (B) Barely there. (C) Can't Complain! (D) Damn! (DD) Double Damn!(E) Enormous! (F) Fake. (G) Get a Reduction. (H) Help me , I've fallen and I can't get up! Repost if u love a good laugh

* * * * *

All those men who say, Why buy the cow when you can get the milk for free? Here's an update for you....now a-days 80% of women are against marriage....why??? because women realize it's not worth buying the whole pig just for a little sausage. Keep it going ladies this is too funny not to keep posting

* * * * *

COURT ORDER!!! You are accused of crawling into my heart hijacking my smiles with your cuteness & awesomeness. How do you plead? **GUILTY?** You are sentenced to be my friend for life! **NO BAIL!** Copy and paste to all your friends including me If you get 3 back your friendship is worth keeping. ? ? ~ **HUGS SEE YOUR WORTH KEEPING TO ME**

* * * * *

I might not be someone's first choice but I am a great choice. I may not be rich but I am valuable. I don't pretend

to be someone I'm not because I'm good at being me. I might not be proud of some of the things I've done in the past but I am proud of who I am today. I may not be perfect but I don't need to be. Take me as I am...

* * * * *

Going on Holiday ANY MINUTE

Wouldn't believe it! All packed and can't go anywhere!
Key locked in the truck...which is locked in the shed! Key for the shed locked in truck that's locked in shed!
Hahahaha! What a way to start the day!

Yippeeee!! Took a thief from the old school to come and slide a window out to get access to the shed!! Now...we got our keys ...here we come the COAST!! See yas!

Reminds me of the tym K & I lockd the Response unit that ws lockd in the Ambulance bay & hoping lyk hell no1 ws dying during ths ordeal.!

* * * * *

Life is short Break the rules Forgive quickly Kiss slowly
Love truly Laugh uncontrollably And never regret anything that made you smile.

* * * * *

Please put this on your status if you know someone who is a wanker or maybe a complete and utter twat! Or maybe

a two faced bastard or someone who needs a good hard punch in the face! Or a major selfish 'me me me' drama queen! These idiots affect the lives of many. There is still no known cure for these knobheads but we can raise awareness. 93% wont copy and paste this so let's see who the 7% with balls are!

* * * * *

What Is It?

Roses are Red Nuts are brown Skirts go Up Pants go Down Body to Body Skin to Skin When it is Stiff Stick it In The Longer it's In The stronger it Gets It goes in Dry Comes out Wet It comes out dripping and it starts to Sag It's not what you Think ...it's a Teabag xD

* * * * *

God saw you getting tired and a cure was not to be. So he put his arms around you and whispered "Come with Me". With tearful eyes I watched you and saw you pass away although I loved you dearly I knew u couldn't stay. A golden heart stopped beating hard working hands at rest. God broke our hearts to prove to us He only takes the best. Put this on your status if there is someone in Heaven you miss everyday !

* * * * *

A mum thinks about her kids even if they're not with her.

A mum loves her kids in a way that they will never understand.

A mum will be there for her kids when no one else will.

A mum loves her kids even when they neglect and hurt her.

A mum will catch a grenade take a bullet stand in front of a train & ask God to take her instead of her child.

If you have children that you love as much as I love mine post this as your status ?

* * * * *

A Grandson's Profound Wisdom

People always say to expect the unexpected. So if you expect the unexpected then the unexpected becomes the expected. So really you're just expecting the expected.

* * * * *

K - O - L - O - H - E

You are my fifth fourth or third

Seconds not the word

You are my first my first true love

Sad to say to this very day

You're still the one I'm thinking of

cause your my first true love"

WE ARE K - O - L - O - H - E

K - O - L - O - H - E

K - O - L - O - H - E

Kolohe Kai cum'n at cha

Feel the rhythm cum'n at cha"

* * * * *

Chapter Fourteen: Lotus Touts

You Have 6 Minutes

There's some mighty fine advice in these words even if you're not superstitious. This Lotus Touts has been sent to you for good luck from the Anthony Robbins organization. It has been sent around the world ten times so far.

Do not keep this message.

The Lotus Touts must leave your hands in 6 MINUTES.

ONE. Give people more than they expect and do it cheerfully.

TWO. Marry a man/woman you love to talk to. As you get older their conversational skills will be as important as any other..

THREE. Don't believe all you hear spend all you have or sleep all you want.

FOUR. When you say 'I love you ' mean it.

FIVE. When you say 'I'm sorry ' look the person in the eye.

SIX. Be engaged at least six months before you get married.

SEVEN. Believe in love at first sight.

EIGHT. Never laugh at anyone's dreams. People who don't have dreams don't have much.

NINE. Love deeply and passionately. You might get hurt but it's

the only way to live life completely.

TEN. In disagreements fight fairly. No name calling.

ELEVEN. Don't judge people by their relatives.

TWELVE. Talk slowly but think quickly.

THIRTEEN! When someone asks you a question you don't want to answer smile and ask 'Why do you want to know?'

FOURTEEN. Remember that great love and great achievements involve great risk.

FIFTEEN. Say 'bless you' when you hear someone sneeze.

SIXTEEN.. When you lose don't lose the lesson.

SEVENTEEN. Remember the three R's: Respect for self; Respect for others; and Responsibility for all your actions.

EIGHTEEN. Don't let a little dispute injure a great friendship.

NINETEEN. When you realize you've made a mistake take immediate steps to correct it.

TWENTY. Smile when picking up the phone. The caller will hear it in your voice

TWENTY-ONE. Spend some time alone.

Now here's the FUN part!

Send this to at least 5 people and your life will improve.

1-4 people: Your life will improve slightly.

5-9 people: Your life will improve to your liking.

9-14 people: You will have at least 5 surprises in the next 3 weeks

15 and above: Your life will improve drastically and everything you ever dreamed of will begin to take shape.

A true friend is someone who reaches for your hand
and touches your heart.

Do not keep this message.

Chapter Fifteen: Don't Take Life So Seriously!

DANCE



KISS A LOT



RELAX IN NATURE



HAVE FUN



AND BE HAPPY!!

Make sure you scroll all the way down and read what is written.

Today is International Disturbed People's Day

Please send an encouraging message to a disturbed friend... just as I've done.



I don't care if you lick windows

take the special bus

or occasionally pee on yourself..

You hang in there sunshine you're special

Every sixty seconds you spend angry upset or mad is a
full minute of happiness you'll never get back.



Today's Message of the Day is:

Life is short Break the rules Forgive quickly Kiss slowly
Love truly Laugh uncontrollably And never regret
anything that made you smile..
Send to all the people you care for and don't want to lose
in 2009 even me..

If you get 3 back you are a great friend.

Chapter Sixteen: Honey And Cinnamon

Cinnamon & Honey ~ I Bet the drug companies won't like this one getting around.

Facts on Honey and Cinnamon: It is found that a mixture of honey and cinnamon cures most diseases. Honey is produced in most of the countries of the world. Scientists of today also accept honey as a 'Ram Ban' (very effective) medicine for all kinds of diseases.

Honey can be used without any side effects for any kind of diseases.

Today's science says that even though honey is sweet if taken in the right dosage as a medicine it does not harm diabetic patients. Weekly World News a magazine in Canada in its issue dated 17 January 1995 has given the following list of diseases that can be cured by honey and cinnamon as researched by western scientists:

HEART DISEASES:

Make a paste of honey and cinnamon powder apply on bread instead of jelly and jam and eat it regularly for breakfast. It reduces the cholesterol in the arteries and saves the patient from heart attack. Also those who have already had an attack if they do this process daily they are kept miles away from the next attack. Regular use of the above process relieves loss of breath and strengthens the

heart beat. In America and Canada various nursing homes have treated patients successfully and have found that as you age the arteries and veins lose their flexibility and get clogged; honey and cinnamon revitalize the arteries and veins.

ARTHRITIS:

Arthritis patients may take daily morning and night one cup of hot water with two spoons of honey and one small teaspoon of cinnamon powder. If taken regularly even chronic arthritis can be cured. In a recent research conducted at the Copenhagen University it was found that when the doctors treated their patients with a mixture of one tablespoon Honey and half teaspoon Cinnamon powder before breakfast they found that within a week out of the 200 people so treated practically 73 patients were totally relieved of pain and within a month mostly all the patients who could not walk or move around because of arthritis started walking without pain.

BLADDER INFECTIONS:

Take two tablespoons of cinnamon powder and one teaspoon of honey in a glass of lukewarm water and drink it. It destroys the germs in the bladder.

CHOLESTEROL:

Two tablespoons of honey and three teaspoons of Cinnamon Powder mixed in 16 ounces of tea water given

to a cholesterol patient were found to reduce the level of cholesterol in the blood by 10 percent within two hours. As mentioned for arthritic patients if taken three times a day any chronic cholesterol is cured. According to information received in the journal pure honey taken with food daily relieves complaints of cholesterol.

COLDS:

Those suffering from common or severe colds should take one tablespoon lukewarm honey with 1/4 spoon cinnamon powder daily for three days. This process will cure most chronic cough cold and clear the sinuses.

UPSET STOMACH:

Honey taken with cinnamon powder cures stomach ache and also clears stomach ulcers from the root.

GAS:

According to the studies done in India and Japan it is revealed that if honey is taken with cinnamon powder the stomach is relieved of gas.

IMMUNE SYSTEM:

Daily use of honey and cinnamon powder strengthens the immune system and protects the body from bacteria and viral attacks. Scientists have found that honey has various vitamins and iron in large amounts. Constant use of honey strengthens the white blood corpuscles to fight bacteria

and viral diseases.

INDIGESTION:

Cinnamon powder sprinkled on two tablespoons of honey taken before food relieves acidity and digests the heaviest of meals.

INFLUENZA:

A scientist in Spain has proved that honey contains a natural 'Ingredient' which kills the influenza germs and saves the patient from flu.

LONGEVITY:

Tea made with honey and cinnamon powder when taken regularly arrests the ravages of old age. Take four spoons of honey one spoon of cinnamon powder and three cups of water and boil to make like tea. Drink 1/4 cup three to four times a day. It keeps the skin fresh and soft and arrests old age. Life spans also increases and even a 100 year old starts performing the chores of a 20-year-old.

PIMPLES:

Three tablespoons of honey and one teaspoon of cinnamon powder paste.

Apply this paste on the pimples before sleeping and wash it next morning with warm water. If done daily for two weeks it removes pimples from the root.

SKIN INFECTIONS:

Applying honey and cinnamon powder in equal parts on the affected parts cures eczema ringworm and all types of skin infections.

WEIGHT LOSS:

Daily in the morning one half hour before breakfast on an empty stomach and at night before sleeping drink honey and cinnamon powder boiled in one cup of water. If taken regularly it reduces the weight of even the most obese person. Also drinking this mixture regularly does not allow the fat to accumulate in the body even though the person may eat a high calorie diet.

CANCER:

Recent research in Japan and Australia has revealed that advanced cancer of the stomach and bones have been cured successfully. Patients suffering from these kinds of cancer should daily take one tablespoon of honey with one teaspoon of cinnamon powder for one month three times a day.

FATIGUE:

Recent studies have shown that the sugar content of honey is more helpful rather than being detrimental to the strength of the body. Senior citizens who take honey and cinnamon powder in equal parts are more alert and flexible. Dr. Milton who has done research says that a half

tablespoon of honey taken in a glass of water and sprinkled with cinnamon powder taken daily after brushing and in the afternoon at about 3:00 P.M. when the vitality of the body starts to decrease increases the vitality of the body within a week.

BAD BREATH:

People of South America first thing in the morning gargle with one teaspoon of honey and cinnamon powder mixed in hot water so their breath stays fresh throughout the day.

HEARING LOSS:

Daily morning and night honey and cinnamon powder taken in equal parts restore hearing. Remember when we were kids? We had toast with real butter and cinnamon sprinkled on it!

You might want to share this information with a friend kinfolks and love ones ~ everyone needs healthy help information ~ what they do with it is up to them ~ share with your email buddies!

Special Friends Last Forever



Chapter Seventeen: Twelve Women Who Have Touched My Life

I am supposed to pick 12 women (who have touched my life) and whom I think would want to participate. I think that if this group of women were ever to be in a room together there is nothing that would be impossible. I hope I chose the right twelve. My hugs love gestures and communications hopefully remind you how special you are. Please send this back to me.

Remember to make a wish before you read the quotation. That's all you have to do. There is nothing attached. Just send this to twelve women and let me know what happens on the fourth day. Sorry you have to forward the message but try not to break this please. Did you make a wish? If you don't make a wish it won't come true. This is your last chance to make a wish!

'May today there be peace within. May you trust that you are exactly where you are meant to be. May you not forget the infinite possibilities that are born of faith in yourself and others. May you use the gifts that you have received and pass on the love that has been given to you. May you be content with yourself just the way you are. Let this knowledge settle into your bones and allow your soul the freedom to sing dance praise and love. It is there for each and every one of us.'

Now send this to 12 women within the next 5 minutes. And remember to send this back. I count as 1... you'll see why

Chapter Eighteen: Please Sign This

I went to a party

And remembered what you said.
You told me not to drink Mum
So I had a Sprite instead.

I felt proud of myself

The way you said I would
That I didn't drink and drive
Though some friends said I should.

I made a healthy choice

And your advice to me was right
The party finally ended
And the kids drove out of sight.

I got into my car

Sure to get home in one piece
I never knew what was coming Mum
Something I expected least.

Now I'm lying on the

pavement

And I hear the policeman say
The kid that caused this wreck was drunk
Mum his voice seems far away.

My own blood's all around

me

As I try hard not to cry.
I can hear the paramedic say
This girl is going to die..

I'm sure the guy had no idea

While he was flying high
Because he chose to drink and drive
Now I would have to die.

So why do people do it Mum

Knowing that it ruins lives?

And now the pain is cutting me
Like a hundred stabbing knives.

Someone should have taught him
That it's wrong to drink and drive.
Maybe if his parents had
I'd still be alive.

My breath is getting shorter Mum

I'm getting really scared.
These are my final moments
And I'm so unprepared.

I wish that you could hold me Mum

As I lie here and die.
I wish that I could say 'I love you Mum!'
So I love you and good-bye.

MADD

**(Mothers Against Drunk
Drivers)
IS HOPING TO GET 5 000
SIGNATURES ON THIS**

THEN PASS IT ON TO SIGN.

**If you receive this petition and
do nothing but delete it** your
selfishness knows no bounds. Signing is such a small effort
to make. After you have read the poem please add your
name at the bottom. And never forget **DON'T EVER
DRINK AND DRIVE** not even once thinking that it won't
matter. **IT DEFINITELY WILL MATTER!!!**

How to set it up:

- * Click on Forward**
- * SIGN YOUR NAME AT THE BOTTOM**
- * Then send it to everyone you know.**

THE NAMES:

1. Adam Ross Kalesperis 2. Deanne Perozzi 3. Raphal Nash 4. Courtney Easter
5. James Chandler. 6. Tracy Lamont 7. Traci Arbisi 8. Faye Hollenbeck 9. Devin
E. Davis 10. Starla Shaver 11. Theresa Brehm 12. Lisa Brehm 13. Courtney

Barnett 14. Erika Hurst 15. Kym Moschgat 16. Michael Hansen 17. Matt Weston
 18. Laur a Bunch 19. Daniel Lawson 20. Ashley Byrd 21. Brian Chadwell
 22. Bonnie Morrical 23. Susan S. 24. Michele Zader. 25. Denise Marie Haines 26.
 Keshia Marie Siders 27. Amy Sue Tresenrider 28. Tracie Balthaser 29. Diana
 Kaufman 30. Brooke Newkirk 31. AARONBLACKBURN 32. Christina M.B. 33.
 Crystal Mckenzie 34. Kate Laroche 35. C! Allie Firman 36. Christy Turner 37.
 Rebecca Turner 38. Elena Thomas 39. Missy Burke 40. Erin McCalla 41.
 Lindsay Potrafke 42. Jenny Eckel 43. Cassandra Duggan 44. Amy Liebisch 45.
 Eric Widmeyer 46. Alisa Huth 47. Pam Augustine 48. Leanne Trdinich 49.
 Megan LeDonne 50. Kristen Kennedy 51. Mara Bennardo 52. Lisa Wilt
 53. Amanda Pieta 54. David DiCosol 55. Connie Carozza 56. Jaime Jacoby 57.
 Erin Edm! Unds 58. Erin Berecek 59. Becky Porter 60. Alana Miller 61. Carrie
 Vermillion 62. Susan Spearing 63. Gaye Sougstad 64. LynnSnider
 65. DavidShores 66. Carol Conway 67. Natalie Fair 68. Alissa Lloyd 69. Rebecca
 Wheeler 70. Lisa Riedel 71. Eric Vaughan 72. Danielle Seaman 73. Elizabeth
 Ambrose 74. Katy Mahannah 75. Susan Hall 76. MIRANDA CUNDY!!
 77. Meg Kells-Murphy 78. Samantha Kaiser 79. Travis Lincoln 80. Randy 81.
 Chris Virgate 82. Matthew Burbles 83. Crystal Dambowsky 84. Kyle freaken
 McEneany 85. Krystal Scharn 86. Lau!ra Roth rock 87. Bethany Bocce 88. Amy
 Sat!kevich 89. Christine Rich 90. Courtney Reilly 91. Lauren Tighe
 92. Jac!kie White 93. Liz Farrell 94. Kathryn M. 95. Heather Anne Lowery 96.
 Katie Jo 97. Cara Brenner 98. Emily Green 99. Emily Harris 100. Emily Chen
 101. Sarah Schererm 102. Eric Eisenberg 103. SlickDan Goldstein 104. Abby
 Kimmelman 105. Alyssa Lee 106. David Hoffman 107. Celia Kather 108. Susan
 Ginn 109. Carly Smith 110. Anna Karis 111. Alison Deffenbaugh 112. Litzi
 Paredes 113. Theresa Eldridge 114. Stephanie Reese 115. Jamie Turner
 116. Jenny Showalter 117. Meg Wooldridge 118. Kevin T\$chai 119. Loan Nguyen
 120. Elizabeth Yorns 121. Katie McGowan 122. Angie Henderson 123. The
 Troyfish of VT 124. Natalie Corrigan of VT 125. Dyanis Conrad 126. Vasil!
 Popov 127. Marie Huitt 128. Jessi McMa!Han 129. Courtney Kelly 130.. Tracy
 Smithsher 132. Sally J. James- **in memory of...** 133. Rachael Harness 134. Jan E.
 Conley 135. Kari M.Fellers 136. Dawn Love 137. Staci Smith 138. Douglas Blair
 139. Brooke Rhea 140. Rachel Hammons 141. Brian Gallion 142. Ben Morrow
 143. William Burden 144. Erica M. Smothers 20 145. Jason Wilchie 146. Frank
 Smith 147. Kevin Rider 148. Matt Masley- **In memory of Alison killed by
 drunk driver/1998** 149. Deepak Deean 150. Liz Dedrick 0A151. Jessa 152.
 Maureen (MO) 153. Dawn O. 154. Paul M.~Peewee 155. Vanessa R.~Venus 156.
 RyanCabral (stangman) 157. Rachel Miller 158! Christy Fairlie 159. Julie Snyder
 160. Alex La 161. Mariah Reyes 162. Brandon Castrejon 163. Ashley L 164.
 Jeffrey Yamauchi 165. Lois Kuo 166. Priscilla Kuo 167. Me! i W.W 168. Gennie W.
 Alasagas 169. P.J. R. Alasagas 170. Charina Gonzales 171. Nieves M. Ague 172.
 Calley Redd 173. Alexandra Hart 174. Lisa Peterson 175. Amber Neil 176.
 Mandy Cox 177. MICHELLE REQUA 178.. Meghan Anne Meyer --- **In memory
 of James & Ken dall died from drunk driver01/01/96** 179. LAUREN BUTTLAR
 180. Brandie Thomas 181. Lorianna Moreno 182. Kris Jensen - **In memory of Pat**

Byrd killed by a drunk driver 01/99 183. Katie Essig 184. Jenny Haney-**In memory of Shane Moore & Anthony Saucedod - July 9 2000 when they were driving drunk** 185. Kim Jones 186. Sarah Bellamy 187. Jon McInturff 188. Elizabeth Price 189. Lesley Kuras 190. Kellyn Blossom 191. Jenna Cullinane 192. Katherine Gritter 93. Ben Thompson 194. Andrea Durell - **In memory of the choad car....** 195. E in Rae Len gkeek 196.. Tiffany Megan Lott 197.. Carrie Deathriage 198. Melissa Mao 199. Emily Leong 200. Jill Burkholder 201. Meghan Cloud 202. SLS 203. Karen Roy 204. Kasey Kniffin 205. Tom Miyashiro - **this is for u joe..** 206. Jesse Jet Bellefleur 207. Pamichic 208. Fionaap 209. Ann McDermott 210. Gina Cerrito 211. Jo hnnny Horn 212. Melissa Coleman 213. Morgan Saltsgiver 214. Erin Warrner 215. Jennifer Warrner 216. Kayla JOY Mc Kenzie 217. Alison L. 218. Denise M. Malagari 219. Amber Lynn Chesebrough 220. Holly Chesebrough 221. Daryl DuLong 222. Diana Lupa 223. Todd J. Pipitone 224. Eric W. Davies 225. Kristin Landis 226. Dave Woods 227. S. Whitney 228. Christina Sweeder 229. Sanam de Lorme 230. Lindsey Eigenbrode 231. Meredith Keller 232. Candice Roubin 233. ANGEL** 234. Kathleen 235. Alex Rowe 236. Rachel 'T' Thompson 237. Abe Thompson 238. David Dare 239. Sarah Gullemette 240. Ben Cormier 241. DevonSmith 242. Ashley 243. Amy 244. Nicole Thibodeau 245. Katie Wallace 246. Jessica Shanahan 247. Brianna Harmer 248. Mary E. Sundberg 249. Kristen Sundberg 250. Lindsay Chandler 251. Heather King 252.. Nyleen Veigas 253. Catrina Basset 254. Melissa Ford 255. Ashlie Jo hnson- **In memory of my beloved John Doe-** 256. Ashley Jackson 257. Mark Pepperdine 258.. Colleen Pepperdine 259. Monica Waldrop 260. RebekahMartinez 261. Heather VonKahle - **my brother was killed by drunk** 262. Kristina Yager 263. Shane Peters 264. PFC Jamison Hurley Military Police Corps. U.S.ARMY 265. PFC Daniel Brown Transportation Corps. U.S.ARMY 266. Kyla Parker 267. Angel Acevedo- **in loving memory of Jason Stofregen Kurt Hughes Stock** 268. Linda Maberry - **In Memory of My Son Jason ! - killed 7/16/2000 drunk driver** 269. Stacy Stafford - **In Loving Memory of Jason Stofregen** 270. Peyton Potter 271. Shelton Potter 72. Diane Calhoun 273. Sgt Northrop Linda USMC 274. Lcpl Broadstreet Monica USMC 275. Ben Senter 276. Chad White 277. Eric Clark 278. Julie Smith 279. Dawn Hurley 280. Melissa Baxter 281. Dave Kothstein 282. Mary Whisler 283. George Whisler 284. Joshua Whisler 285. Dave Ivey 286. Sheri Ivey 287. Dave Ivey II 288. Jessica Ivey 289. Rose Ivey 290. Dorie Masterstefone 291. Mic hael McCarrhaer 292. Maria Hamm 293. Rebecca Hamm 294. Deana Montoro 295. Nancy Lopez 296. Mark Lopez 297. Grace Kieley 298. Becky Gatti 299. Carolyn Showers 300. Robert Hatton 301. TRACY ANGELO 302. KURT ANGELO 303. June Authier 304. Robin Authier 305. Sarah Frey 306. Kathy Breneman 307. Frank Breneman 308. Erin Breneman 309. Jim Cascio 310. Kim Cascio 311. Kate Wolgemuth 312. Stefanie Heagy 313. Ginger Heagy 314. Barry Heagy 315. Graham Heagy 316. Gabe Heagy 317. Heather Heagy 318. Megan Heagy 319. Liisa Heagy 320. Christine Heagy 321. Danielle Gehman 322. Sarah Bechtel 323. Megan Vascellaro 324. Alexa Vascellaro 325. Ashley Blount 326. Kristin Blount 327. Scott Blount 328. Ruth

Blount 329. Nolan Blount 330. Roger Blount 331. Susan Warner 332. Paige Warner 333. Dang Warner 334. Mark Costrello 335. Janna Yacks 336. Amy Brunner Aka Mr.P!nK (lol mis and nicky) 337. Skye Ruf 338. Deanna LaMasster(CABBAGEPRETZLE!!!) 339. Amanda 340. Ryan 341. Tim Longenecker 342. Jo an Smith 343. Andrea Watkins 344. Gail A'Brunzo 345. Lindsey A'Brunzo and Steve Harding- 346. Destiny Sommer 347. Meredith McMurtrie 348. Lynne (Eckman!) Henry 349. Christy Knight 350. Kimyia Varzi 351. Patti Kim 352. Kathy Chu 353. Emma Otsuji 354. Cynthia K. Estradathis 355. Brent A. Osorio 356. Ana J Alatorre=2 0 357. Keith Osorio 358. Becky Pfeifer 359. Alizabeth Pfeifer 360. Raeanne Pfeifer 361. Theresa Pfeifer 362. William D. Pfeifer 363. Carol Pfeifer 364. Will iam H.Pfeifer 366. Quyen Pfeifer 367. AsiaPfeifer 368. ZionPfeifer 369.Tom Pfeifer 370. Jolene Kostenbader cm 371. David Kostenbader cm 372. Bela Gecsey Costa Mesa Ca 373. Tiffany Gecsey Costa Mesa Ca 374. Nicole Kahn 375. Mark Kahn 376. Tina Garrett 378.. Adam Garrett/ Fire Fighter/Paramedic Belton MO_Ran a call **4/28 Drunk driver head on collision on 71 Hwy Harrisonville Mo. Killed one critically injured 5 flown to Children's Mercy. Please sign and forward** 379. Victor L. Watson Collierville TN. 380. Christine R. Watson Collierville TN. 381. Cindy Smith.Memphis Tn 382.Buddy Smith Memphis Tn 383. KelleyFrans Memphis Tn. 384. Tammie Dawson Memphis Tn. 385. Dale Dawson Memphis Tn. 386. J.T. Norris Memphis TN 387. Wendy Brown 388. Kathy Garazin IL 389. Heather Rae Hackett IL 390. Edward Crane Ft. Lauderdale Fla. 391. Jo die Goodman Marg ate FL 392. Marc Goodman Margate FL 393. Stephen Goodman Marg ate FL 394. Jennifer Goodman Margate FL 395. Dorothy Gerson Lauderhill FL 396. Pauline Dukoff Lauderhill FL 397. Katherine Carr Florida 398. S am Carr Florida 399. BobJeshiva Florida 400. Jo hn Woods Staten Island NY 401. Mary Molski Staten IslandNY 402. Elaine Parks Nesconset NY 403. Helen Williams ommack NY 404. Patty Chow Garden City New York 405. Jennifer Kong 406. Yaung-Moon Cho 407. Elsa Yau 408. Gros zouzone 409. Kalia Robinson 410. Sandra Turner-Reid Quincy MA 411. Shandro Turner-Scarlett 412. Tammy Lee 413. Caroline Lee 414. Anna Jung 415. Lynette Mason 416. Kerry McDermott – Massachusetts 417. Julie Marina 418. Kim Peters 419. Jennifer Elways 420. Mary Beth Miller 421. James Brandon 422.. Kevin Dumais 423.. Joanne & Dave Martin 424. Laurie & Ken Comtois 425. Debbie Stanewicz 426. Jim ST Laurent 427. Lea St. Laurent 428. Deb Marvin 429. Mike Marvin 430. Chris Haywood 431. Gi Dembrowski 432. Cheryl Schedin 433. Kim Silacci 434. Ashley Wernher-Collins 435. Amy Sawyer Fisher 436. Debra L. Nunan 437. Andrea Warren 438. Lisa Rochlin-Sakol 439. Jo nathan Fields 440. Jeff Diacik 441. Charlie Kuronya 442. Fran Seserko 443. Ron Drumheller 444. Nikki Anderlonis 445. Shannon Pilcicki 446. Laura Baker 447. Maxine Rickabaugh 448. Marie Rissell 449. Veronica Cazille It might seem ironic but if it does some good then it's worthwhile. 450. Sharon Buddendorf 451. Arlene McCarthy 452. Patricia Bucholski 453. Diane Riddick 454. Nannaette Richardson 455. Eugenia Ralston 456. Diane Doyle 457. Kathy DiStefano 458. Jennifer Romeo 459. Nathan Gimbal

PA - **In loving memory of Michael Amos and Patricia McGinn** 460. Carole Ellerkamp Oreland PA 461. Jaime Gardner 462. Amanda Ott 463. Linda Ott 464. Rita Ferry 465. Jen Siravo 466. Patricia Gabert 467.. Dan Kutscher 468. Jessica Lax 469.Morgan 470. Sherin T. 471. Aswathy T. 478.. Tiffanie Kung 479. Steve Kung 480. Clara Kung 481. Kristi Lim 482. Gillian yap 483. Tara Klapstein 484. Melanie Rosser 485.Wanitta Ranson- Alberta Canada **Lost friend due to impaired driving**, 486. DanielleMohr Alberta Canada 487.Tamara Coli AlbertaCanada. 488. Gord & marlene villumsen 489. ShannonJanssen AlbertaCanada 490. Linda Yashchyshyn 491. Mark Yashchyshyn 492. Sandra McLaren 493. Darcy McLaren 494. Anthony Bouk 495. Dustin Schatz - might think twice now 496. Nicole Wick 497. Amber Ruzycki - Lamont AlbertaCanada 498.. Josh Melnyk - Lamont Alberta Canada 499. GordonDanylchuk- Leduc AB 500. Tim Usher-Moose Jaw SK 501. Ian Parsons - Moose Jaw SK 502. Chris Meginbir - Calgary AB 503. Sonja Redeker 504. Yvonne Redeker (Mom) - Invermere BC 505. Leslie Hecher (mother) Radium Hot Springs BC 506. Wendy Jansen InvermereBC 507. Wilf Akerlund elownaBC 508. Bev Akerlund KelownaBC 509. Alice Cristofoli Trail BC 510. Ivana Rhodes TrailBC 511. SelmaNutini Trail B.C .512. Lori Cachia Smithers BC 513. Cathy Higginson Smithers BC 514. Kari Stone Smithers BC 515. * Jo el* Schneider Smithers BC 516. *Erik! * Evans Ontario 517. T. Gamble Canada518.Janna Lee BC Canada 519. James Lee BC Canada 520. Nicole Pister BCCanada 521. Lesley L BCCanada 522. Pierre C Qc Canada 523. Vanessa H Ont Canada 524. Carey H Ont Canada 525. James H Ont Canada526. Peter A Ont Canada 527. Breanne Tucker AlbertaCanada 528. Donna Tucker lbertaCanada 529. Harvey Tucker AlbertaCanada 530. Eric Birkholz AlbertaCanada 531. Dennis Birkholz AlbertaCanada532. Lucie Birkholz AlbertaCanada 533. Edward Birkholz AlbertaCanada 534. Ashton Jo hnston AlbertaCanada535. Ed Jo sefowicz AlbertaCanada 536. Mark Berry WAAustralia537. Christopher Strand AlbertaCanada 538. Anna Strand Spruce Grove AB Canada 539. Cherlyn Forth Red Deer Alberta Canada 540. Julie Herman Calgary Alberta Canada 541. Robin Swinton Calgary Alberta Canada 542 . Kim Melanson 543. Charmaine Therrien Gatineau Qc Canada - **I lost 2 friends to drunk drivers please keep this going**, 544. Sean Bellefeuille 545. Stephane Lance 546. Stephanie Pearce 547. Devlen Pearce-Lance 548. Alexandra Pearce-Lance 549. Jacob Pearce-Lance 550. Cameron Pearce-Lance 551. Noah Pearce-Lance 552. Nicole Lance 553. Hel?ne Lance 554 WayneHendsbee 555. Paula Trueman 556. Dave Trueman 557. TonyKavanagh Ottawa Ontario Canada 558. JeanLaberge Ottawa Ontario Canada 559. DianeSaumur PerthOntario Canada 560. BarbPennington Orleans Ontario Canada 561. Julie Fortin Arnprior Ontario Canada 562. Lucille Fortin Orleans Ontario Canada 563. DelilahMcArthur Ontario Canada- **in memory of my mother Germaine who left 5 orphans behind because of a drunk driver..**564. Jo anne Roy 565.. Connie Beattie 566. Helen Brownlee 567. Aline Garneau 568. Michel Garneau 569. Anne Gagnon Sudbury Ontario Canada **In memory of my cousins Sylvie and Michel killed in a car accident due to drinking and driving**

570. Paul Bionda Huntsville ON 571. Katy Bailey Huntsville ON 572. Km Hammond Bracebridge ON 573. Shirley bath bayfield Ont.Canada 574. Sheelagh Williams.Sarnia ONT. 576 .. Monique Robinson Corunna Ont.Canada 577. Gerard Charbonneau St. Albert AB 578. Mike & Bonnie Oakley St. AlbertAB 579. Tobi Barton St.. AlbertAB 580. Les Barton St. AlbertAB 581. Donna Romanuik Edm. AB 582. Tracey Gray Edmonton AB 583. Billie Jo Spence Edmonton AB 584. Geoffrey Spence Edmonton AB 585. Mike Spence 587. Dana Dudar 588. Susan Dyck 589. Glen Bergeron 590. Roxanne Persowich CANADA- **in memory of my beloved Friend Shawn Nelson (Nelly)**. 591. Michelle McCullough 592. Mike McCullough 593. Clayton Burnett 594. Glen Medwid 595. Kat Choquette 596. Linda Craig 597. Len . Jerrard 598. Alana Gow 599. Michael Hellens 600. Nisa Hellens 601. Charlotte Hellens 602. Kyle Hellens 603. Linda Allansson 604. Peter Allansson 605. Ron Baldwin 606. Marie Broadstock-Ontario Canada 607. CarolPembry Ontario 608. Noreen Haner Ontario 609. Helen Ma Ontario 610. Jo sie Godfrey Ontario 611. LyseBallaro Ontario 612. Diane Wolak Ontario 613. Leslie Wolak BarrieOnt. 614. Derek & Marlene MacPherson BarrieOnt. 615.. Ed & Kathy Hansen BarrieOnt. 616. Chuck Hansen Newmarket Ontario 617. Heather Hansen Newmarket Onatio 618 Doug Magee Toronto Ontario 619 Judi Magee Toronto Ontario 619 Kaitlyn Magee toronto Ontario 620 Andrea Magee Toronto 0Ontario 621 Harry Hazan Toronto Ontario 622 Leslie Hazan Toronto Ontario 623 Aleah Hazan Toronto Ontario 624. Camila Kucharczuk Toronto Ontario 625.. Paula Ambrose 626 Cassandra Jackson NE England 627 Dianne Taylor 628 Wayne Hedley Co Durham England 629 Angela Cousins NE England 630 Clare Metcalf NE England 631 Kate Treadgold Lincolnshire **In memory of all who have died on Lincolnshires roads this year**. 632 Elaine Burnett Waltham N E Lincolnshire 633 Kim Pearce Surrey UK 634 Di Medlicott Surrey UK 635 Sally Flake 636 Sheila Millard 637 RoseMarie Ault 638 Angela Oakley 639 Jacqui Bal 640 ? Mick Rutter 641 Martin Bishop Ken t 642 Dean Tierney Ken t 643 Steve Piper Surrey 644 Michelle Rowe 645 Nikki Cole 646 Simon Cole 647 Lucy Fryer 648 Daniel Burton 649 Diane Fryer Hampshire UK 650 Jo yce Ben d Cambridge UK 651 Malcolm Osborn Cambridge UK 652 Steve Osborn. UK 653 Doug Winn Cambridge UK 654 Claire Windsor Hertfords hire UK 655 Becky Brown Cambridgeshire UK 656 joanne curtis diss Norfolk 657 Donna Ben nington Suffolk 658 Linda Linton Suffolk 659 Hanna Coyne Suffolk 700 Tracey Wilcock Suffolk UK701 Laura Talman Suffolk UK 702 Alison Clark Suffolk ... UK 703 Hannah Carpenter Suffolk UK 704 Heidi Milligan Essex UK 705 - Alanah Kerry Central Coast Australia 706- Amy Semple Central Coast Australia 707- *Vicki Shutt Central Coast Australia* 708 Darren McGrorey East Maitland N S W Australia 709 Kim Squires East Maitland N ..S.W. AUSTRALIA 710 Kristy Grew Newcastle N.S.W. AUSTRALIA 711 Shantel Berthold Newcastle N.S.W AUSTRALIA 712 Yvette QLD Australia 713 Bronwyn QLD Australia 714 Dianne Van Gemert Sydney AUSTRALIA 715 Karen Lord SYDNEY AUSTRALIA 716 Trish Christenson SYDNEY AUSTRALIA 717 Ron Chapman SYDNEY AUSTRALIA

718 Roy Waters Lismore NSW AUSTRALIA 719 kirstine Smith NSW Australia 720 Roslyn Curran New Lambton Australia 721 Kylie Iuliano Cameron Park Australia 722 Chloe Iuliano Cameron Park Australia 723 Tahlya Iuliano Cameron Park Australia 724 Jo dy Holmes Rutherford NSW Australia 725 Blair Holmes Rutherford NSW Australia 726 Peter Holmes Rutherford NSW Australia 727 Michelle Caunt Edgeworth NSW Australia 728 Wayne Caunt Edgeworth NSW Australia 729 Emily Caunt Edgeworth NSW Australia 730 Wendy Clayton Barnsley NSW Australia 731 Sean Clayton Barnsley NSW Australia 732 Elisha Clayton Barnsley NSW Australia 733 Jye Clayton Barnsley NSW Australia 734V ittadello family belmon n.s.w aust 735 Brook & Leigh Leslie Newcastle NSW Australia 736 Pamela Schumacher Bulahdelah NSW Australia 737 Vic ki Raguz - Sydney Australia ? **in memory of Mathew Meznaric** 738 Maryanne Piasevoli ? Sydney Australia - **in memory of my nephew Matthew Meznaric.** 739 Chris Galea Sydney Australia 740 Elizabeth Shearwood London England 741Cath Castaing Gingin Australia 742 Cherie Carter Jerramungup Australia 743 Pauline O'Donnell kurri kurri Australia 744 Dell - Kurri Kurri Australia 745 Wayne & Cesia Hetherington Cardiff Australia 746 Robert & Anne Carmody Goulburn Australia 747 Terry Wells. Devonport. Tasmania Australia 748 Geoff Wilkins QLD Australia 749 Lorraine Wilkins Vic Australia 750 Irene Russell Vic Au. 751 Kevin Fleming Vic. Au. 752. Rosie Collier – Tasmania 752 Irene Fleming Vic. Au. 753 Geoff Ledden Surrey UK 754 Mary Ledden Surrey UK 755 Gabriele Schatz Kent UK 756 Peter Schatz Kent UK 757 Sue Vivian Sussex UK 758 Sarah Bentley Kent 759 Cath Hadfield Sheffield 760 Helen Wilson Sheffield UK 761 Jackie Laidlaw Norfolk UK 762 Linda Menzies Angus UK 763 June Lyons Angus. UK 764 Pauline Ballie 767 Gillian Ballie 768 Elaine Philip UK 769 Alison Turnbull UK 770 Carol Collingham 771 Katya Christie Spain 772 Anna Gipson Spain 773 Zoe Powell UK 774 Gill Plowman UK 775 **Shelley Jackson Suffolk UKin memory of my school friend Yvette killed by drunk driver.** 776 Bryan Jones – Suffolk 777 Wendy Gilfrin – Cambridgeshire 778 Jim Grieve Cambs UK 779 Belinda Leadbetter Cambs UK 780 Jean Wenman Cambs UK 781 Margaret Waterson Suffolk UK 782 Suzie Sander Norfolk UK 783. Maxine Barber ? Norfolk England 784 Jane Reay Suffolk England 785 Christine Bailey Norfolk England 786 Louise Harrison Cambs England 787 Christine Conway-Jarrett - **in memory of my Uncle killed by a drunk driver** 788 Tracey Dove Suffolk England 789 Susan Allison Suffolk England 790 Lesley Harrison Yorkshire UK 791 Daphne Dye Northants UK 792 Rosanne Martin Northants UK 793 Lorna Le Maitre Northants UK 794 Maureen Abrahamt Berkshire England 795 Jane Mellins Berkshire England 796 Val Myatt Gloucestershire England 797 Rebecca Myatt Bristol England 798 Emma Dunn Plymouth England 799 Elizabeth Snoddon St Peter Port Guernsey 800 Keri Clark Portsmouth England 801 Lucy Davies London England 802 Raymond Lee Feltham England 803 Lesley Lee Feltham England 804 Wendy Michael Bedford England 805 Michalakis Michael Bedford England 806 Julie Barnes Bournemouth England 807 Sarah Gould Ringwood England 808 Holly Keats Ringwood England 809 Amanda

Keats in loving memory of Tracey Evans my niece taken away from us by a drunk driver. 810 JOSH KEATS WA 811 JAKE KEATS WA 812 JOE KEATS WA 813 [Claire White Ringwood England](#) 814 Maggie Pegler Portugal 815 Jackie Davie Poole England 816 Leigh Harrison Barnsley England 817 Pat Dryden Powys Wales 818 Rachel Garvey East Yorkshire UK 819 Carina Hartley Rotherham UK **820 Hayley Brown Rotherham England** 821 Gary Brown Kimberworth Roth UK 822 Andy Heydon Rotherham UK 823 Jackie Heydn Rotherham UK 824 Becci Weston Worcester UK 825 Graham Weston Worcester UK 826 Christine Birmingham UK **827 Niki Birmingham UK** **828 Julie Cope Birmingham UK** **829 Jennie Williams Birmingham UK** 830 Barbara Marsland UK 831 Dale Crombie (Justice of the Peace) Derbyshire. UK 832 Bev Sherwood Warwickshire England 833 Dawn Powell Solihull UK 834 Diane Chatterley solihull uk 835 Robert BEARD REDDITCH U.K 836 Jayne Knight Solihull UK **837 Chantelle Clarke AUS** **838 William Potter Tasmania** 839 Emmalea Ferguson AUS 840 Roberta Ferguson Australia 841 Melville Ferguson Australia 842 Kidist Ferguson Australia 843 Wubrist Ferguson Australia 844 Nathan Ferguson Australia 845 Mandy O'Toole 846 Bill O'Toole 847 Glenda O'Toole 848 Neil O'Toole 850 Elaine Hill **851 Cynthia Summers Tasmania** **852 Wendy Farrell-Walker Tasmania** 853 Cleone Hill Tasmania 854 Tanya Coplestone Tassie 855 ME & JANELLE TASSIE 856 Anita Williams Tasmania 857 Christine Knee Perth Tasmania Australia 858 Tanya Banks Spreyton Tasmania Australia 859 Michael Banks Spreyton Tasmania Australia 860 Kirrilie Jones Railton Tasmania Australia 861 Shane Jones Railton Tasmania Australia 862 Allana Norris Railton Tasmania Australia 863 Robin Norris Railton Tasmania Australia 864 Claire Richardson Latrobe Tasmania Australia 865 Jan Boatwright Spreyton Tasmania Aust. 866 Craig Boatwright Spreyton Tasmania Aust. 867 Michelle Brett Devonport Tasmania Australia 868 Jenny Stephens Narre Warren Victoria Australia **869 Mandy McCoy Devonport Tasmania Australia** **870 Julie Mahoney Railton Tasmania Australia** 871 Dianne Flay Devonport Tasmania Australia 872 Gayle Taylor Hobart Tasmania Australia 873 Wendy George Hobart Tasmania Australia 874 Donna Carmichael Queensland Australia. 875 Kerri Fewkes Hobart Tas 876 Belinda Denny Somerset Tas 877 Annie Flanagan 878 Joanne Smith (western australia) 879 kathy souris (nsw) **880 Robyn Farrell (Australia NSW)** **881 Michael White (Australia NSW)** **882 Erna SAmmut(N S.W. AUSTRALIA)** **883 Noelene Papworth (NSW Australia)** **884 Beryl Berg (NSW AUSTRALIA)** **885 James Doyle (NSW Australia)** **886 Marion Thomas NSW Australia** **887 Bill Kindleysides NSW Australia** **888 John Thornton (Q'land Australia)** **889 Cynthia Thornton (Q'land Australia)** **890 Dawn Brock QLD Aust** **891 Stephen Whittaker NSW Australia** **892 Lee Whittaker NSW Australia** **894 Michelle Roberts NSW Australia** **895 David Roberts NSW Australia** **896 Nicole Miranda NSW Australia** **897 Peter Miranda NSW Australia** **898 Ruby Miranda NSW Australia** **899 Caitlin Dadswell Sydney Australia** **900 Rob Fraser Sydney Australia** **991 Simone Fraser Sydney Australia** **992 Roger and Carole Buckeridge Sydney Australia** **993 Adam and Helen Liu Sydney** **994 Steve Roach Sydney Australia** **995 Stanley Sands Brisbane Australia**

996 Ken Martin Sydney Australia 997 Ray Patterson Sackville North Australia 998 Stephen Fantini Belrose NSW Australia 999 Paul Davidson Belrose NSW Australia 1000 Peter Fitzroy....Frenchs Forest NSW AUSTRALIA 1001 Marie Moltzen - Forestville NSW Australia 1002 Karen Blakeney - Allambie Heights NSW – Australia 1003 Nicole White - Allambie Heights N.S.W. Australia 1004 Grahame White - Allambie Heights N.S.W. Australia 1005 Lisa Mackenzie-Collaroy NSW Australia 1006 Dave Mackenzie-Collaroy NSW Australia 1007 Angus Mackenzie-Collaroy NSW Australia **1008 Linda Frizzell - Cromer NSW Australia** **1009 Ross Frizzell - Cromer NSW Australia** 1010 Cassie Cale ? Wheeler Heights NSW Australia 1011 John Cale ? Wheeler Heights NSW Australia 1012 Lisa Veitch ? Wheeler Heights NSW Australia 1013 Andrew Veitch ? Wheeler Heights Nsw Australia 1014 Lisa Moyes - North Curl Curl NSW Australia 1015 Colin Moyes - North Curl Curl NSW Australia **1016 Sharon Hatton Gold Coast QLD** **1017 Bernie Hatton Gold Coast QLD** 1018 Gary Soderlund Gold Coast Qld Australia 1019: Marinus de Roo- NSW Australia: **In Memory of all that have had to suffer due to those that don't think before they drive.** 1020: Sue Lalich **May they all rest in peace. And hope that those that were responsible have woken up.** 1020: Phil Lowder Nowra NSW Australia 1021: Sharyn Nelson Bay of Islands New Zealand 1022: Anji Simpson Townsville Australia 1023: Jan Carter Highvale QLD Australia 1024 Debra McDowell Qld Australia **.In memory of Annie Killed by a drunk driver at the age of 5 may she RIP** 1025 Kathleen Murdoch Brisbane Australian 1026 Di Greene Ferny Grove QLD Australia 1027 Kathryn Bourke Clayfield QLD: **In memory of all those young people killed on our roads and their grieving families** 1028 Oriana Seccombe (Australia) 1029 Nadine Verna Brisbane Australia 1030 Georgette Souyave-Murphy Brisbane Australia 1031 Uma Ranchigoda 1032 Jane Catchpoole Brisbane Australia 1033Julie Radford Moree NSW Australia 1034 Genevieve Wilson Brisbane Australia 1035 Eleanor Wilson Brisbane Australia 1036 Suzie Briscoe Brisbane Australia 1037 Tracey Burnton Brisbane Australia **1038 Helen Barone Johannesburg South Africa** **1039 Gary Maartens Johannesburg South Africa** 1040 Mark Reeves Jhb South Africa 1041 Conn O'Donoghue JHB South Africa: **In memory of Julie O'Donoghue(my mom)killed by drunk driver 18/04/1997.** 1042 Gail Musson U.K. 1043 Sal Clements Cape Town SA 1044 Fiery Clements Cape Town SA 1045 Fynn Clements Cape Town SA 1046 Neve Clements Cape Town SA 1047 Kath Boast Umlaas Road SA 1048 Mark Boast Umlaas Road SA 1049 Sasha Drewett Tzaneen RSA 1050 Ian Drewett Tzaneen RSA 1051 Kylie van den Berg 1052 Lyle Gillespie CT RSA 1053 Darryn Gillespie 1054 David Lynch 1055 Donna Lynch 1056 John Lynch PE SA 1057 Nigel Gale Jhb SA 1058 Frans van Aardt Durban RSA 1059 Sue van Aardt Durban RSA 1060 Cindy Thornton Dbn 1061 Laura Du Plooy Durban RSA **1062 Rosemary Bothma** **1063 Roy Bothma** 1064 Craig Maud PMB RSA 1065 Debbie Mapstone Baynesfield RSA 1066 Melanie Taynton Richmond RSA **1067 Dawn Chapple Liverpool UK** **1068 Hilary Forster Liverpool Uk** **1069 Clare Fitzgerald Morgan** **1070 Barry Morgan** **1071 Lois Morgan** 1072 bowland...england 1073 Evelyn

Armstrong Chicago USA1074 Evelyn Clarke Liverpool UK 1075 Linda
 Hickson Liverpool U.K 1076 Christine Dougall Cairns QLD Australia
 1077 Annette Hooker W.A 1078 Wendy Thomson QLD 1079 HEIDI BROWN
 QLD AUST **Nurse and Mother of 3...RIP to all who have been lost life is so
 precious** 1080 Pamela Ross Brisbane Queensland 1081 Rebekah Hurworth QLD
 Australia 1082 Janette Bailey QLD Australia 1083 Janice Spencer QLD Australia
 1084 Merrill Ormston Brisbane Australia 1085 - Steven Hincks Brisbane
 Australia. 1086 - Elizabeth Keen Cairns Australia 1087 - Suzanne Keen
 QUEENSLAND AUSTRALIA **1088 - Trisha Gleeson QUEENSLAND
 AUSTRALIA 1089 - Bridget Waterhouse Western Australia 1090 Clare
 Waterhouse VIC 1091 - Cy Tully Tasmania AUSTRALIA 1092 Gavan Connell
 Tasmania 1093 Keith Michael Queensland Australia 1094 murray storey
 cambridge NZ 1095 Martin Bennett Cambridge NZ 1096 Ian Ellis. Cambridge NZ
 1097 Val Lyne Cambridge NZ 1098 Barry Audain Stratford NZ 1099 Fiona
 Audain Stratford NZ 1100 Jo Skinner Thames NZ 1101 Russell skinner Thames
 NZ 1102 Michelle Montrose NZ 1103 Stefan Montrose 1104 ? Katie George NZ
 1105 ? Raymond George NZ 1106 Guy Howard-Willis Hamilton NZ 1107
 Trevor Porter Hamilton NZ 1108 Alison Porter Hamilton NZ 1109 Di Goodall
 Havelock North NZ 1110 Anne Green Matamata NZ 1111 Mary Blair Te Aroha
 NZ 1112 Kristina Spaans Te Aroha NZ 1113 Barbara Townshend Ngatea NZ
 1114 Gary Townshend Ngatea NZ 1115 Karen Zydenbos Patetonga NZ 1116
 Gary Zydenbos Patetonga NZ 1117 Gayle Litchfield NZ 1118 Stu Litchfield
 NZ 1119 Sue Oppert Hamilton NZ 1120 Sara Wheeler Hamilton NZ 1121 Karen
 Pugh Auckland NZ 1122 Linda Pemberton Melbourne Australia 1123 Gail
 Pemberton Auckland NZ 1124 Grant Pemberton Auckland NZ **1125 Terry
 Murphy Tauranga NZ 1126 Stuart Gillard Tauranga NZ 1127 Paul Brewer-
 Tauranga NZ 1128 Mark Willett Katikati NZ 1129 Amanda Willett Katikati
 NZ 1130 Richard Armstrong Pahoia NZ 1131 Linda Haggas 1132 Nic Harty
 havelock north nz 1133 Meghan Deaker Blenheim NZ 1134 Michelle
 Fairley Dublin Ireland 1135 Karen Williams Havelock North NZ
 1136 Cheryl Whitworth Havelock North NZ 1137 Sandy Wheat Sunshine Coast
 Australia 1138 Lizzie Leslie Gold Coast Australia 1139 Lloyd Abbot Brisbane
 Australia 1140 Robyn Sharp Auckland New Zealand 1141 Alex Sharp
 Auckland New Zealand 1142 Helen Sharp Ahipara The Far North New
 Zealand 1143 John Sharp Ahipara The Far North New Zealand 1144 Cory
 Scott Gisborne New Zealand **1145 Ben Kennings Raglan New Zealand 1146
 Trevor Medcalf Waihi Beach NZ 1147 Janice O'Sullivan Lower Hutt NZ 1148
 Helen O'Sullivan Waikanae Kapiti Coast New Zealand Debbie Nicholson
 Porirua New Zealand – in memory of my beloved nephew Robert Birch who
 died driving with a drunk driver 5 Sep 2004******

Chapter Nineteen: Friendship Week

Life isn't about how to survive the storm but how to dance
in the rain.

I like you because of who you are to me... A true friend.
And if I don't get this back I'll take the hint. Tonight at
midnight your true love will realize they like you.

Something good will happen to you at 1:00-4:00 PM
tomorrow.

It could be anywhere -- at home Yahoo outside Of work
anywhere.

Get ready for the biggest shock of your life.

Please send to 5 People in 5 minutes.

Remember: 'A good friend will come bail you out of jail....

But a true friend will be sitting next to you

Saying WE screwed Up but we had fun!

Proud To Be Your Friend! Make sure you read All the way
down to

the last sentence and don't skip ahead..

I've learned..

That life is like a roll of toilet paper.

The closer it gets to the end the faster it goes.

I've learned....

That we should be glad God doesn't give us everything we

ask for.
I've learned....
That money doesn't buy class.
I've learned...
That it's those small daily happenings that make life so
spectacular.
I've learned...
That under everyone's hard shell is someone who wants to
be Appreciated and loved.
I've learned...
That the Lord didn't Do it all in one day what makes me
think I can?
I've learned...
That to ignore the facts does not change the facts.
I've learned...
That the less time I have to work the more things I get
done.

To all of you.....
Make sure you read all the way down to the last sentence.
It's National Friendship Week.
Show your friends how much you care.
Send this to everyone You consider a FRIEND!
Even if it means sending it back to the person who sent it
to you.
If it comes back to you then you'll know you have a circle
of friends.

HAPPY FRIENDSHIP WEEK TO YOU!!!!!!
YOU ARE MY FRIEND AND I AM HONORED

Chapter Twenty: Darn Good Idea

U Just Need The Right Kind Of Key Thing And U Will Be Right. Wish Mine Was Of The Right Type.

This Is A Darn Good Idea



Put your car keys beside your bed at night

Tell your spouse your children your neighbours your parents your Dr's office the check- out girl at the market everyone you run across.

Put your car keys beside your bed at night.



If you hear a noise outside your home or someone trying to get in your house just press the panic button for your car. The alarm will be set off and the horn will continue to sound until either you turn it off or the car battery dies.

This tip came from a neighbourhood watch coordinator. Next time you come home for the night and you start to put your keys away think of this:

It's a security alarm system that you probably already have and requires no installation. Test it. It will go off from most everywhere inside your house and will keep honking until your battery runs down or until you reset it with the button on the key fob chain. It works if you park in your driveway or garage. If your car alarm goes off when someone is trying to break into your house odds are the

burglar/rapist won't stick around. After a few seconds all the neighbours will be looking out their windows to see who is out there and sure enough the criminal won't want that.

And remember to carry your keys while walking to your car in a parking lot. The alarm can work the same way there.

This is something that should really be shared with everyone. Maybe it could save a life or a sexual abuse crime.

P.S. I am sending this to everyone I know because I think it is fantastic.

Would also be useful for any emergency such as a heart attack where you can't reach a phone. My Mom has suggested to my Dad that he carry his car keys with him in case he falls outside and she doesn't hear him. He can activate the car alarm and then she'll know there's a problem. Please pass this on even IF you've read it before. It's a reminder.

Chapter Twenty-One: Words

ADULT

**A person who has stopped growing
at both ends
And is now growing in the middle.**

BEAUTY

PARLOR

**A place where women curl up and
dye.**

CHICKENS

The only animals you eat before they are born and after they are dead.

COMMITTE

E

A body that keeps minutes and wastes hours.

DUST

Mud with the juice squeezed out.

EGOTIST

Someone who is usually me-deep in conversation.

HANDKERC

HIEF

Cold Storage.

INFLATION

Cutting money in half without damaging the paper.

MOSQUITO

An insect that makes you like flies better.

RAISIN

A grape with a sunburn.

SECRET

Something you tell to one person at a time.

SKELETON

A bunch of bones with the person scraped off.

TOOTHAC

HE

The pain that drives you to extraction.

TOMORROW

One of the greatest labour saving devices of today.

YAWN

An honest opinion openly expressed.

And MY Personal Favorite!!

WRINKLES

**Something other people have,
Similar to my character lines.**

Chapter Twenty-Two: Do Not Lie Down

Early Warning Heart Attack

The attached message is important. Remember in NZ though we dial 111 in an emergency (not 911).

People present a heart attack in different ways - the enclosed tells some of them so be aware.

Early in May this year I did not know that I had had a heart attack until two days later. Luckily it had been a mild attack with minor damage to the heart. I had been having **severe pain on and off in both arms** for a few weeks previously. Around the time of the attack I had **pain in my neck & jaw between my shoulders and left side under the arm.** I Just thought I must have been overdoing it at the gym. The next two days **I felt nauseous, dizzy and had diarrhoea then vomiting.** The doctor did an ECG on me which prompted a blood test and then I was sent to hospital.

I was lucky and have recovered well (thanks to my lifestyle according to my doctor.) My **blood pressure & cholesterol were normal.** I **work out at the gym** - eat a **healthy diet including quality supplements** and **look after myself.**

You just never know.

The professionals told me that **plaque in the arteries can happen in childhood**. If any **plaque breaks off (which can happen years later) blood clots are formed and cause a blockage**.

This was what happened to me. I had 3 blood clots so they **pumped blood thinners** into me & performed a simple procedure called an **angioplasty** which involved inserting a tube through my wrist and ballooning the artery **to insert a stent** which widened the blocked artery. They were also able to check and assured me that the two main arteries were in good order. I was awake through the whole procedure and did not feel a thing.

Read the enclosed message and remember "**Time is of the essence if you have any strange symptoms even if in doubt don't wait**".

Dial 111. It is better to be safe than sorry.

I hope this helps you and your family and friends.

Chapter Twenty-Three: Are Non-Living objects Male Or Female?

Male or Female? You might not have known this....but a lot of non-living objects are actually either male or female. Here are some examples:

FREEZER BAGS	They are male because they hold everything in...but you can see right through them.
PHOTOCOPIERS	These are female because once they are turned off...it takes a while to warm them up again. They are an effective reproductive device if the right buttons are pushed...but can also wreak havoc if you push the wrong Buttons.
TYRES	Tyres are male because they go bald easily and are often over inflated
HOT AIR BALLOONS	Also a male object... because to get them to go anywhere.....you have to light a fire under their butt.
SPONGES	These are female...because they are soft.....squeezable and retain water.
WEB PAGES	Female...because they're constantly being looked at and frequently getting hit on.
TRAINS	Definitely male... because they always use the same old lines for picking up people.
EGG TIMERS	Egg timers are female because...over time...all the weight shifts to the bottom.

HAMMERS	Male... because in the last 5000 years.....they've hardly changed at all...and are occasionally handy to have around.
THE REMOTE CONTROL	Female. Ha! You probably thought it would be male....but consider this: It easily gives a man pleasure.... he'd be lost without it...and while he doesn't always know which buttons to push...he just keeps trying

Send this to all the women you care about.....and to any men who appreciate a good laugh!

Chapter Twenty-Four: It Doesn't Hurt To Have A little Biblical Humour To Start The Day....

Can You Answer These?

Q. What kind of man was Boaz before he married Ruth?



A. Ruthless.

Q. Who was the greatest financier in the Bible?



A. Noah He was floating his stock while everyone else was in liquidation.

Q. Who was the greatest female financier in the Bible?



A. Pharaoh's daughter. She went down to the bank of the Nile and drew out a Little prophet.

Q. What kind of motor vehicles are in the Bible?

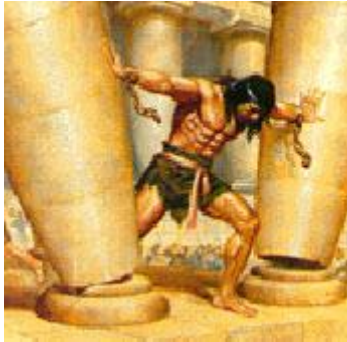


A. Jehovah drove Adam and Eve out of the Garden in a Fury.

David's Triumph was heard throughout the land.

Also probably a Honda because the apostles were all in one Accord.

Q. Who was the greatest comedian in the Bible?



A. Samson. He brought the house down.

Q. What excuse did Adam give to his children as to why he no longer lived in Eden ?



A. Your mother ate us out of house and home.

Q. Which servant of God was the most flagrant lawbreaker in the Bible?



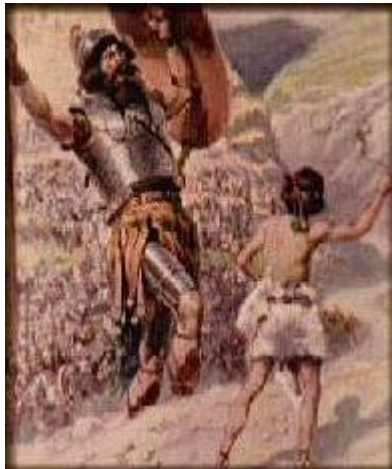
A. Moses. He broke all 10 commandments at once.

Q. Which area of Palestine was especially wealthy?



A. The area around Jordan. The banks were always overflowing.

Q. Who is the greatest babysitter mentioned in the Bible?



A.. David He rocked Goliath to a very deep sleep.

Q. Which Bible character had no parents?



A. Joshua son of Nun.

Q. Why didn't they play cards on the Ark ?



A. Because Noah was standing on the deck.

PS... Did you know it's a sin for a woman to make coffee?



Yup it's in the Bible. It says . . 'He-brews'

**KEEP SMILING!!!! GOD LOVES YOU BUNCHES
AND! BUNCHES!!!!**



Friends are God's way of taking care of us.

**...Faith Hope & Charity -- but the greatest of these is
CHARITY.**

1 Corinthians 13:13

Chapter Twenty-Five: There Is An Alternative Way.

Interesting information....

AFTER YEARS OF TELLING PEOPLE CHEMOTHERAPY IS THE ONLY WAY TO TRY ('TRY BEING THE KEY WORD) TO ELIMINATE CANCER JOHNS HOPKINS IS FINALLY STARTING TO TELL YOU THERE IS AN ALTERNATIVE WAY.

Cancer Update from Johns Hopkins:

1. Every person has cancer cells in the body. These cancer cells do not show up in the standard tests until they have multiplied to a few billion. When doctors tell cancer patients that there are no more cancer cells in their bodies after treatment it just means the tests are unable to detect the cancer cells because they have not reached the detectable size. !
2. Cancer cells occur between 6 to more than 10 times in a person's lifetime.
3. When the person's immune system is strong the cancer cells will be destroyed and prevented from multiplying and forming tumours.
4. When a person has cancer it indicates the person has multiple nutritional deficiencies. These could be due to genetic environmental food and lifestyle factors.

5. To overcome the multiple nutritional deficiencies changing diet and including supplements will strengthen the immune system.
6. Chemotherapy involves poisoning the rapidly-growing cancer cells and also destroys rapidly-growing healthy cells in the bone marrow, gastrointestinal tract etc and can cause organ damage like liver, kidneys, heart. lungs etc.
7. Radiation while destroying cancer cells also burns scars and damages healthy cells, tissues and organs.
8. Initial treatment with chemotherapy and radiation will often reduce tumour size. However prolonged use of chemotherapy and radiation do not result in more tumour destruction.
9. When the body has too much toxic burden from chemotherapy and radiation the immune system is either compromised or destroyed; hence the person can succumb to various kinds of infections and complications.
10. Chemotherapy and radiation can cause cancer cells to mutate and become resistant and difficult to destroy. Surgery can also cause cancer cells to spread to other sites. !
11. An effective way to battle cancer is to starve the cancer

cells by not feeding it with the foods it needs to multiply.

CANCER CELLS FEED ON:

a. **Sugar is a cancer-feeder.** By cutting off sugar it cuts off one important food supply to the cancer cells. Sugar substitutes like NutraSweet , Equal , Spoonful etc. are made with Aspartame which is extremely harmful. A better natural substitute would be Manuka honey or molasses but only in very small amounts. Table salt has a chemical added to make it white in colour. Better alternative is Bragg's Aminos or sea salt.

b. **Milk** causes the body to produce mucus especially in the gastro-intestinal tract. Cancer feeds on mucus. By cutting off milk and substituting with almonds or macadamias blended with water to make a delicious milk cancer cells are being starved.

c. Cancer cells thrive in an **acid environment**. A meat-based diet is acidic and it is best to eat fish and a little chicken rather than beef or pork. Meat also contains livestock antibiotics growth hormones and parasites which are all harmful especially to people with cancer.

d. A diet made of 80% fresh vegetables and juice whole grains seeds nuts and a little fruits help put the body into an alkaline environment. About 20% can be from cooked

food including beans. Fresh vegetable juices provide live enzymes that are easily absorbed and reach down to cellular levels within 15 minutes to nourish and enhance growth of healthy cells. To obtain live enzymes for building healthy cells try and drink fresh vegetable juice (most vegetables including bean sprouts) and eat some raw vegetables 2 or 3 times a day. Enzymes are destroyed at temperatures of 104 degrees F (40 degrees C).

e . **Avoid coffee, tea and chocolate** which have high caffeine. Green tea is a better alternative and has cancer fighting properties. Water - best to drink purified water or filtered to avoid known toxins and heavy metals in tap water. **Distilled water is acidic** avoid it.

12. Meat protein is difficult to digest and requires a lot of digestive enzymes. **Undigested meat** remaining in the intestines become putrified and leads to more toxic buildup.

13. Cancer cell walls have a tough protein covering. By refraining from or eating less meat it frees more enzymes to attack the protein walls of cancer cells and allows the body's killer cells to destroy the cancer cells.

14. Some supplements build up the immune system (IP6 Flor-ssence Essiac anti-oxidants vitamins minerals EFAs etc.) to enable the body's own killer cells to destroy cancer

cells. Other supplements like vitamin E are known to cause apoptosis or programmed cell death, the body's normal method of disposing of damaged unwanted or unneeded cells.

15. **Cancer is a disease of the mind, body and spirit.** A proactive and positive spirit will help the cancer warrior be a survivor. **Anger, unforgiveness and bitterness put the body into a stressful and acidic environment.** Learn to have a loving and forgiving spirit. Learn to relax and enjoy life.

16. Cancer cells cannot thrive in an oxygenated environment. Exercising daily and deep breathing help to get more oxygen down to the cellular level. Oxygen therapy is another means employed to destroy cancer cells.

(PLEASE FORWARD IT TO PEOPLE YOU CARE ABOUT)

CANCER UPDATE FROM JOHN HOPKINS HOSPITAL
U S - PLEASE READ

1. **No plastic containers in micro.**
2. **No water bottles in freezer.**
3. **No plastic wrap in microwave.**

Johns Hopkins has recently sent this out in its newsletters.

This information is being circulated at Walter Reed Army Medical Centre as well.

Dioxin chemicals causes cancer especially breast cancer. Dioxins are highly poisonous to the cells of our bodies. Don't freeze your plastic bottles with water in them as this releases dioxins from the plastic.

Recently Dr. Edward Fujimoto Wellness Program Manager at Castle Hospital was on a TV program to explain this health hazard. He talked about dioxins and how bad they are for us. He said that **we should not be heating our food in the microwave using plastic containers** This especially applies to foods that contain fat. He said that the combination of fat, high heat and plastics releases dioxin into the food and ultimately into the cells of the body. Instead he recommends using glass such as Corning Ware Pyrex or ceramic containers for heating food. You get the same results only without the dioxin.

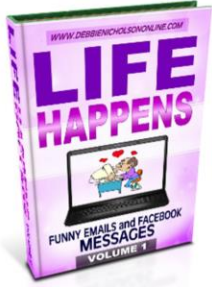
So TV dinners, instant ramen and soups etc. should be removed from the container and heated in something else. **Paper isn't bad but you don't know what is in the paper.** It's just safer to use tempered glass Corning Ware etc. He reminded us that a while ago some of **the fast food restaurants moved away from the foam containers to paper. The dioxin problem is one of the reasons.**

Also he pointed out that **plastic wrap such as Saran is just as dangerous when placed over foods to be cooked in the microwave.** As the food is nuked the high heat causes poisonous toxins to actually melt out of the plastic wrap and drip into the food. Cover food with a paper towel instead.

This is an article that should be sent to anyone important in your life

To anyone you care about or think the world of.

Other Books Written by Debbie Nicholson



[Life Happens Vol 1](#) [5 Mar 2012](#)